

Cyber Security: Challenges and Controversies – A Systematic Literature Review

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Peer Review Information	Abstract
Type: Article Received: 20 March 2026 Revised: 03 April 2026 Accepted: 21 May 2026 Published: 03 June 2026	In today's digital era, cybersecurity plays a vital role in safeguarding systems, networks, and sensitive data as organizations increasingly depend on interconnected technologies. With the growing use of connected digital systems, cyber threats are becoming more frequent and complex in nature. This research is based on a Systematic Literature Review (SLR) that examines studies published between 2020 and 2025 from major academic sources. The study highlights major challenges including increasing cyber attacks, data privacy concerns, shortage of skilled professionals, and security risks in emerging technologies such as AI, cloud computing, and IoT. It also discusses important controversies such as privacy versus security, ethical hacking practices, government surveillance, data ownership, and cyber warfare. The results identify key research gaps, including the need for improved real-time threat detection, standardized global cybersecurity policies, and ethical use of AI in security systems. The study suggests that a combination of advanced technologies, strong regulations, and user awareness is essential to enhance cybersecurity and address future digital threats. The study also provides future research directions to address evolving cyber threats and strengthen digital security infrastructures. Keywords: Cybersecurity; Systematic Literature Review; Cyber Attacks; Data Privacy; Ethical Hacking; Network Security; Cyber Threats; Information Security.

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Introduction

Cybersecurity is defined as the process of securing digital infrastructure, including systems, networks, and information, from unauthorized access and cyber-attacks. In the past few years, the widespread adoption of digital platforms and online services has significantly increased the dependency of organizations on technology. Although this transformation has improved efficiency, it has also increased exposure to cyber risks and system vulnerabilities [1]. Today's cyber-attacks are highly advanced, well-targeted, and often driven by financial or strategic objectives. Examples such as ransomware incidents, phishing attempts, and data breaches highlight the weaknesses in current digital systems [2]. In addition, technologies like cloud computing, artificial intelligence (AI), and the Internet of Things (IoT) have introduced new security challenges due to increased system complexity [3]. The impact of cyber threats extends beyond financial loss and includes reputational damage, privacy violations, and risks to national security. Organizations are increasingly required to adopt proactive and multi-layered security strategies to mitigate these threats effectively [4]. However, despite advancements in cybersecurity technologies, challenges such as lack of skilled professionals, weak security policies, and human errors continue to hinder effective implementation. In addition to technical challenges, cybersecurity also involves several controversies, including the balance between privacy and security, ethical concerns in hacking practices, and issues related to government surveillance and data ownership [5]. These aspects highlight the need for a comprehensive understanding of both technical and non-technical dimensions of cybersecurity. This study aims to examine cybersecurity challenges and controversies using a Systematic Literature Review (SLR) of recent research. The objective of this research is to identify key challenges, examine ongoing debates, and highlight research gaps in the field. The study aims to provide insights that can support the development of more secure, ethical, and effective cybersecurity frameworks.

Research Methodology (SLR)

This research uses a Systematic Literature Review (SLR) approach to analyze existing studies on cybersecurity challenges and controversies. The SLR method ensures a structured, transparent, and unbiased selection of relevant studies. The methodology follows standard guidelines to identify, evaluate, and synthesize research findings from multiple academic sources.

Research Design

The research is based on secondary data collected from well-known academic sources such as IEEE Xplore, Google Scholar, and ScienceDirect. The study focuses on peer-reviewed journal articles and conference papers published between 2020 and 2025 to ensure the inclusion of recent and relevant research.

PRISMA Flow Process

The research follows the PRISMA framework to ensure a systematic and structured selection of relevant studies. Initially, a total of 200 research articles were identified through database searches. After removing duplicate records, 150 papers remained. These papers were screened based on titles and abstracts, resulting in 80 relevant studies. Finally, after applying inclusion and exclusion criteria, 30 high-quality research papers were selected for detailed analysis.

Inclusion Criteria

The following criteria were used to select relevant studies:

- Research papers published between 2020 and 2025
- Studies focused on cybersecurity challenges and controversies
- Articles published in peer-reviewed journals and conferences
- Papers written in the English language
- Studies with clear methodology and valid results

Exclusion Criteria

The following criteria were used to remove irrelevant or low-quality studies:

- Non-academic sources such as blogs, websites, and magazines
- Duplicate papers across multiple databases
- Studies not directly related to cybersecurity
- Papers published before 2020
- Articles with unclear findings or insufficient data

Data Extraction and Analysis

Relevant data from selected studies were extracted and categorized based on key themes such as types of cyber threats, data privacy issues,

technological challenges, and ethical concerns. The collected data were analyzed to identify patterns, research gaps, and emerging trends in cybersecurity.

This structured methodology ensures the reliability and validity of the study while providing a comprehensive understanding of cybersecurity challenges and controversies.

Literature Review

In recent years, cybersecurity has gained significant attention due to the rapid increase in digital threats and technological developments. Several studies have examined different areas of cybersecurity, including cyber attacks, data privacy, and AI-based threats.

Sharma (2023) analyzed the increasing trend of ransomware attacks and highlighted their financial impact on organizations. The study emphasized that weak regulatory frameworks and lack of preparedness contribute significantly to the rise of such attacks [1]. Similarly, Kumar (2022) focused on data privacy issues and identified major risks associated with unauthorized data access and breaches, suggesting the need for stronger data protection policies [2].

Industry reports by IBM (2023) and Cisco (2024) provided insights into emerging cybersecurity trends, including the growing use of artificial intelligence by attackers and the increasing frequency of phishing attacks. These reports also highlighted the importance of adopting advanced threat detection systems and proactive security measures [3], [4].

Ferrag et al. (2024) explored intrusion detection systems in Internet of Things (IoT) environments and proposed machine learning-based approaches for detecting anomalies. However, the study identified limitations related to dataset availability and real-time implementation challenges [5]. Zhang et al. (2023) investigated adversarial machine learning attacks in cybersecurity and demonstrated how AI models can be manipulated, raising concerns about the reliability of AI-based security systems [6].

Varma (2024) discussed the concept of Zero Trust Architecture and emphasized the need for continuous authentication and strict access control mechanisms to enhance security in modern networks [7]. These studies collectively highlight the evolving nature of cyber threats and the increasing reliance on intelligent security systems.

Despite significant advancements, existing literature reveals several research gaps. Many studies focus on specific technologies but lack a holistic approach that integrates technical, ethical, and policy perspectives. Additionally, there is limited research on real-time threat detection, cybersecurity awareness among users, and the implementation of standardized global security frameworks.

Table 1 presents a comparative summary of key studies, including their focus areas, methodologies, and limitations.

Table 1: Summary Of Literature Review

Author	Year	Focus	Contribution
Sharma	2023	Attacks	Ransomware growth
Kumar	2022	Privacy	Weak laws
IBM	2023	Breach	Financial loss
Cisco	2024	Trends	Phishing rise
Microsoft	2024	AI	AI threats
Ferrag et al.	2024	IoT Security	Intrusion detection
Zhang et al.	2023	Machine Learning	Adversarial attacks
Varma	2024	Zero Trust	Access control

Cybersecurity Landscape

The field of cybersecurity has changed rapidly in recent years due to continuous technological development and increased digital usageEarlier, cybersecurity mainly relied on basic protection methods such as antivirus software, firewalls, and simple authentication techniques. However, with the expansion of the digital ecosystem, these traditional approaches are no longer sufficient to address modern cyber threats [1].

In the current era, cybersecurity has transformed into a complex and multi-layered domain that incorporates advanced technologies such as

artificial intelligence (AI), machine learning (ML), and behavioral analytics. These technologies enable real-time threat detection, anomaly identification, and automated response mechanisms, enhancing the overall security posture of organizations [2]. Additionally, the widespread adoption of cloud computing, Internet of Things (IoT), and mobile technologies has significantly increased the attack surface, making systems more vulnerable to sophisticated cyber attacks [3].

Modern cybersecurity frameworks emphasize a proactive approach rather than a reactive one. Concepts such as Zero Trust Architecture, multi-factor authentication (MFA), and continuous monitoring are being widely adopted to strengthen system security. These approaches focus on verifying every access request and minimizing trust within the network environment, thereby reducing the risk of unauthorized access [4].

Furthermore, the cybersecurity landscape is influenced by emerging threats such as advanced persistent threats (APTs), ransomware-as-a-service (RaaS), and AI-driven cyber attacks. These threats are highly organized and capable of bypassing traditional security mechanisms, highlighting the need for adaptive and intelligent defense strategies [5].

Overall, the evolving cybersecurity landscape reflects a shift from traditional security practices to advanced, technology-driven solutions. Organizations must continuously update their security strategies and adopt innovative approaches to effectively combat emerging cyber threats and ensure the protection of digital assets..

Cybersecurity Challenges

Cybersecurity is facing multiple challenges as digital systems continue to grow and cyber threats become more advanced. These challenges impact individuals, organizations, and governments, making it essential to develop effective and adaptive security strategies.

- **Increasing Cyber Attacks:** One of the major challenges is the continuous rise in cyber attacks. Cyber attackers are using techniques such as ransomware, phishing, and zero-day exploits to target systems. These attacks are often automated and highly targeted, leading to significant financial and operational damage. The increasing use of artificial intelligence by attackers further enhances the complexity and scale of cyber threats [1].
- **Data Privacy Issues:** Data privacy has become a critical concern as organizations collect and store large volumes of sensitive user information. Weak data protection measures and lack of transparency often result in data breaches and unauthorized access. This raises serious concerns regarding user trust, confidentiality, and compliance with data protection regulations [2].
- **Shortage of Skilled Professionals:** There is a global shortage of skilled cybersecurity professionals, which limits the ability of organizations to effectively detect and respond to cyber threats. The lack of trained experts increases system vulnerabilities and delays incident response, making organizations more susceptible to attacks [3].
- **Technological Vulnerabilities:** Technologies like IoT, cloud computing, and artificial intelligence introduce new security risks and vulnerabilities. Many IoT devices lack proper security configurations, while cloud environments may suffer from misconfigurations and data exposure risks. Rapid technological advancements often outpace the development of adequate security measures [4].
- **Human Factors:** Human error remains one of the leading causes of cybersecurity incidents. Weak passwords, lack of awareness, and careless behavior such as clicking malicious links significantly increase the risk of attacks. Even advanced security systems can fail if users do not follow proper security practices [5].
- **Economic Challenges:** Implementing robust cybersecurity measures requires substantial financial investment. Small and medium-sized enterprises often struggle to afford advanced security tools and infrastructure. Additionally, the cost of recovering from cyber-attacks, including data loss and system downtime, can be extremely high [6].
- **Organizational Challenges:** Many organizations lack well-defined cybersecurity policies, governance frameworks, and risk management strategies. Poor implementation of security standards and lack of regular audits weaken the overall security posture. Without a structured approach, organizations remain vulnerable to evolving cyber threats [7].

Overall, these challenges highlight the need for a comprehensive cybersecurity strategy that combines technological solutions, skilled workforce development, user awareness, and strong organizational policies.

Cybersecurity Controversies

Cybersecurity is not limited to technical aspects but also includes important ethical, legal, and social issues. Several controversies arise due to conflicts between security requirements and individual rights, as well as the misuse of advanced technologies.

- **Privacy vs Security:** A major issue in cybersecurity is maintaining a balance between user privacy and system security. Governments implement surveillance systems to monitor and prevent cyber threats, terrorism, and criminal activities. However, excessive surveillance can lead to violations of individual privacy and civil liberties. This creates a dilemma where ensuring

national security may come at the cost of personal freedom [1].

- **Ethical Hacking:** Ethical hacking involves testing systems to identify vulnerabilities and improve security. While it plays a crucial role in strengthening cybersecurity, it also raises concerns regarding legality and misuse. The boundary between ethical and malicious hacking is often unclear, as the same tools and techniques can be used for both purposes [2].
- **Government Surveillance:** Government surveillance programs are designed to enhance national security, but they often lack transparency and accountability. Unauthorized data collection and monitoring practices can lead to misuse of personal information. This raises questions about the extent to which governments should be allowed to monitor citizens in the name of security [3].
- **Data Ownership:** Data ownership is another major controversy in the digital era. While users generate data through their online activities, organizations collect, store, and monetize this data for business purposes. This creates conflicts regarding who truly owns the data and how it should be used, raising concerns about user rights and data protection policies [4].
- **Cyber Warfare:** Cyber warfare refers to digital attacks conducted by one nation against another, targeting critical infrastructure such as power grids, financial systems, and communication networks. These attacks introduce complex ethical and legal challenges, as there are no universally accepted rules governing cyber conflicts between nations [5].
- **Artificial Intelligence Ethics:** The use of artificial intelligence in cybersecurity has improved threat detection and response capabilities. However, it also introduces ethical concerns such as bias, lack of transparency, and accountability issues. Moreover, attackers can exploit AI technologies to develop more sophisticated and automated cyber attacks, further complicating the security landscape [6].

Overall, these controversies highlight the complexity of cybersecurity, where technical solutions alone are not sufficient. Addressing these issues requires a balanced approach that integrates ethical considerations, legal frameworks, and technological advancements.

Comparative Analysis

Cybersecurity consists of different interconnected aspects such as technical, ethical, organizational, and legal components. This section provides a comparative analysis of key cybersecurity challenges and controversies to highlight their relationships, impacts, and implications.

The analysis shows that cybersecurity challenges are mainly technical and operational, while controversies are related to ethical and legal concerns. In contrast, cybersecurity controversies are more related to ethical, legal, and social concerns, including privacy, data ownership, and government surveillance. However, both aspects are closely interconnected and influence each other.

For example, government surveillance is implemented to enhance security, but it raises privacy concerns among users. Similarly, the use of artificial intelligence improves threat detection but introduces ethical issues such as bias and misuse. These overlaps indicate that cybersecurity cannot be addressed through technical solutions alone and requires a multidisciplinary approach.

Table 2: Comparative Analysis of Cybersecurity Challenges and Controversies

Aspect	Challenges	Controversies
Security	Cyber attacks, system vulnerabilities	Government surveillance and monitoring
Data Privacy	Data breaches, unauthorized access	Data ownership and user consent
Technology	Rapid innovation creating vulnerabilities	Use of AI in surveillance and control
Human Factor	Human errors, lack of awareness	Accountability and ethical responsibility
Legal	Weak cybersecurity laws and enforcement	Conflict between global and national regulations
Economic	High implementation and recovery costs	Profit-driven data usage by organizations
Organizational	Lack of policies and governance frameworks	Transparency and ethical responsibility

The analysis demonstrates that while challenges focus on protecting systems and data, controversies question how these protections are

implemented and their impact on society. Therefore, an effective cybersecurity approach should balance technical solutions with ethical and legal responsibilities.

This comparative perspective helps in identifying gaps in current approaches and emphasizes the need for integrated solutions that address both challenges and controversies simultaneously.

Case Studies

This section discusses real-world examples of major cyber attacks to understand their impact and significance. These incidents demonstrate the impact of vulnerabilities in digital systems and emphasize the importance of strong security measures.

- **WannaCry Ransomware Attack:** The WannaCry ransomware attack in 2017 was one of the largest cyber attacks, affecting systems across multiple countries. It affected more than 200,000 systems across over 150 countries by exploiting a vulnerability in Microsoft Windows operating systems [1]. The attack encrypted user data and demanded ransom payments in cryptocurrency for its release. Critical sectors such as healthcare were severely impacted, leading to service disruptions and financial losses.
- This incident highlighted the importance of timely software updates, vulnerability management, and the need for proactive cybersecurity measures. It also demonstrated how unpatched systems can be exploited on a global scale.
- **Facebook Data Breach:** The Facebook data breach led to the exposure of personal data of millions of users due to unauthorized access.[2]The data was later used for targeted advertising and political purposes, raising serious concerns about user privacy and data misuse.This case emphasized the need for stronger data protection regulations, transparency in data usage, and improved access control mechanisms. It also triggered global discussions on data ownership and user consent in digital platforms.
- **SolarWinds Supply Chain Attack:** The SolarWinds attack was a highly sophisticated cyber attack that targeted government agencies and large organizations through a compromised software update [3]. Attackers inserted malicious code into the SolarWinds Orion platform, allowing unauthorized access to multiple systems over an extended period.
- This attack revealed the vulnerabilities in software supply chains and highlighted the need for enhanced monitoring, secure software development practices, and strict access controls.
- **Colonial Pipeline Attack:** The Colonial Pipeline ransomware attack disrupted fuel supply across major regions in the United States, causing economic and social impact [4]. The attack forced the company to shut down operations temporarily, leading to fuel shortages and price increases.

This incident demonstrated the vulnerability of critical infrastructure and emphasized the importance of securing industrial control systems and implementing robust incident response strategies.

Overall, these case studies illustrate that cyber attacks can have widespread consequences across different sectors. They highlight the importance of adopting proactive, multi-layered security approaches and improving global collaboration to effectively address cybersecurity threats.

Discussion

The results of this study offer a clear understanding of cybersecurity challenges and controversies. By analyzing recent literature and real-world case studies, it is evident that cybersecurity is a dynamic and rapidly evolving domain influenced by technological advancements, human factors, and policy-related issues.

1. **Research Gaps:** The review of previous studies highlights several important gaps in cybersecurity research. Firstly, there is a lack of standardized global cybersecurity frameworks, which creates inconsistencies in security practices across different regions. Secondly, limited research has been conducted on real-time threat detection and response systems, particularly in the context of AI-based cybersecurity solutions. Additionally, there is insufficient focus on cybersecurity awareness among users, which remains a major cause of security breaches.

Furthermore, emerging technologies such as IoT, blockchain, and artificial intelligence introduce new security challenges, but current research does not adequately address their practical implementation. There is also a lack of collaboration between industry, academia, and government organizations, which hinders the development of effective cybersecurity strategies.

2. **Emerging Trends:** The study identifies several important trends shaping the future of cybersecurity. The increasing use of artificial intelligence and machine learning is transforming both cyber attacks and defense mechanisms. Attackers are leveraging AI to automate and enhance attacks, while organizations are using AI for advanced threat detection and predictive analysis.

Another significant trend is the adoption of Zero Trust Architecture, which focuses on continuous verification and strict access control. Additionally, the use of multi-factor authentication (MFA), cloud-based security solutions, and behavioral analytics is increasing across organizations. Governments are also introducing stricter data protection regulations to address privacy concerns.

3. **Implications:** The findings of this study have important implications for organizations, governments, and individuals. Organizations

must adopt proactive and multi-layered security strategies to protect their systems and data. Governments need to establish strong cybersecurity policies and promote international cooperation to address global cyber threats.

Moreover, there is a need to invest in training skilled cybersecurity professionals and improving user awareness to reduce human-related vulnerabilities. Organizations should also implement continuous monitoring systems and conduct regular risk assessments to strengthen their security posture.

Overall, the discussion highlights that cybersecurity is not only a technical challenge but also a strategic and societal issue. Addressing these challenges requires a holistic approach that integrates technology, policy, and human awareness.

Solutions And Framework

To address the increasing challenges and controversies in cybersecurity, it is essential to adopt a comprehensive and multi-layered security framework. This section presents key solutions and a structured approach to enhance cybersecurity resilience across organizations and systems.

Multi-Layered Security Framework

A multi-layered security approach is considered one of the most effective strategies for protecting digital systems. This framework integrates multiple security mechanisms at different levels, including network security, application security, data protection, and user authentication.

The first layer focuses on network security using firewalls, intrusion detection systems (IDS), and intrusion prevention systems (IPS) to monitor and control incoming and outgoing traffic. The second layer emphasizes data protection through encryption techniques and secure storage practices to prevent unauthorized access. The third layer involves strong authentication mechanisms such as multi-factor authentication (MFA) and role-based access control to ensure that only authorized users can access sensitive systems. Finally, continuous monitoring and real-time threat detection systems are implemented to identify and respond to potential threats proactively.

Problem–Solution Mapping

Table 3 presents a mapping between common cybersecurity problems and their corresponding solutions.

Table 3: Cybersecurity Problem–Solution Mapping

Problem	Solution
Attacks	Firewalls
Privacy	Encryption
Skills	Training
Human Errors	Awareness programs and user education
Phishing Attacks	Email filtering and anti-phishing tools
Ransomware	Regular backups and recovery systems
Network Vulnerabilities	Network monitoring and security protocols
Weak Authentication	Multi-factor authentication (MFA)
IoT Security Risks	Secure device configuration and updates
Lack of Policies	Strong governance and security frameworks
Insider Threats	Access management and monitoring systems

Advanced Security Solutions

In addition to traditional security measures, advanced technologies play a crucial role in modern cybersecurity. Artificial intelligence and machine learning can be used for anomaly detection and predictive threat analysis. Blockchain technology can enhance data integrity and secure transactions, while Zero Trust Architecture ensures strict identity verification and minimizes trust within the network.

Implementation Strategy

Effective implementation of cybersecurity solutions requires a strategic approach. Organizations should conduct regular risk assessments, implement security policies, and ensure compliance with industry standards. Continuous monitoring, periodic audits, and incident response planning are essential to maintain a strong security posture.

Overall, the proposed framework emphasizes a proactive and integrated approach to cybersecurity, combining technological solutions, organizational policies, and user awareness to effectively mitigate cyber threats.

Conclusion

Cybersecurity is an important issue in today's digital world due to the increasing use of interconnected systems and technologies. This study presented a comprehensive Systematic Literature Review (SLR) of cybersecurity challenges and controversies by analyzing research published between 2020 and 2025.

The findings of this research highlight that cybersecurity is a multifaceted domain involving technical, ethical, and organizational dimensions. Key challenges such as increasing cyber attacks, data privacy risks, technological vulnerabilities, and shortage of skilled professionals continue to impact the effectiveness of cybersecurity systems. At the same time, controversies related to privacy, ethical hacking, government surveillance, and data ownership create additional complexity in implementing security measures.

This study also identified significant research gaps, including the lack of standardized global cybersecurity frameworks, limited focus on real-time threat detection, and insufficient awareness among users. Furthermore, the analysis emphasized the growing importance of advanced technologies such as artificial intelligence, Zero Trust Architecture, and cloud-based security solutions in addressing modern cyber threats.

The research contributes by providing a structured understanding of cybersecurity challenges and controversies from both technical and ethical perspectives. It emphasizes the need for an integrated approach that combines technological innovation, strong regulatory policies, and user awareness to enhance cybersecurity resilience.

To achieve effective cybersecurity, continuous improvement, collaboration, and innovation are necessary. Future research should focus on developing intelligent security systems, improving global cooperation, and addressing emerging threats in evolving digital environments.

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