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Streamlining The Recruitment Process in Healthcare with Artificial Intelligence

Ayushi Tiwari

MBA (HMM) Faculty of Commerce and Management, Rama University, Kanpur

Email- 2002tiwariayushi@gmail.com

Peer Review Information	Abstract
<p><i>Submission: 13 March 2026</i></p> <p><i>Revision: 0.2 April 2026</i></p> <p><i>Acceptance: 16 April 2026</i></p> <p>Keywords</p> <p><i>Hiring Process, Recruitment in Healthcare, AI, AI-Driven Recruitment, Intelligence in Recruitment, Chatbots, Natural Language Processing.</i></p>	<p>There is a great need for healthcare workers all over the world especially in the United States. The statistics show that there is going to be a shortage of healthcare professionals by 2032. According to a press release by The American Association of Medical Colleges (AAMC) predicts a shortage of as many as 122,000 physicians. So, healthcare organizations find it very critical to find healthcare professionals, especially nurses and doctors. Human resources executives struggle to recruit and retain healthcare professionals. The hiring process is a key part of how an organization does well. Old hiring methods do work to some degree but involve much manual effort, which can lead to inefficiencies and biases. Recently, the rise of Artificial Intelligence (AI) has changed many fields, including human resources (HR) and recruitment. This paper looks at how AI can make the hiring process more efficient, cut down on biases, and better match candidates to roles. By examining AI's role in finding candidates, screening them, conducting interviews, and onboarding, this paper gives insights into the advantages, challenges, and ethical issues of using AI in hiring.</p>

Introduction

With the increase in population and the rise of viruses and diseases, it is difficult to provide care without skilled professionals. The hiring process is vital for creating strong teams and ensuring an organization succeeds. However, old methods often involve many applications, manual screening, and long times to make decisions, leading to inefficiencies and varied hiring results. As the need for speed, cost-effectiveness, and fairness rises, organizations are looking to AI to make various parts of hiring easier and better. The HR industry is aware of the challenges with traditional recruitment processes like sourcing, filtering, sort listing, interviewing, job offers, joining and induction, etc. Many organizations actively looking at AI in the recruitment process. AI can help by using data to improve decisions, lessen biases, and create a more personalized

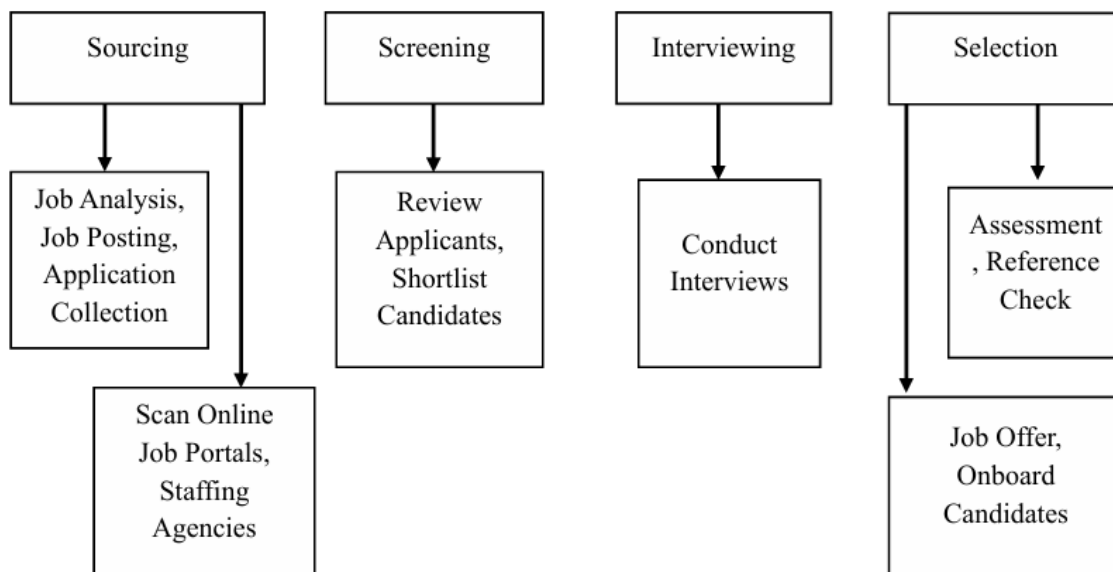
experience for candidates and hiring managers. This paper looks at how AI can optimize hiring by looking at the main steps in the process and the pros and cons of using AI.

The Role of AI In Recruitment

AI tools can improve the candidate sourcing stage by automating job ads, finding profiles, and scanning resumes for suitable candidates. Traditionally, recruiters would manually search job boards, social media, and LinkedIn to find candidates.

Figure 1 below indicates the process followed for recruitment in a manual approach, which is used by many organizations even now. The process involves lot of man hours and tedious job. AI algorithms can look through large sets of resumes and profiles to find the best applicants.

Manual Recruitment Process Activity



AI can also use past data to predict a candidate's success, improving the pool of candidates for interviews. In addition, AI chatbots can talk to candidates in real-time, answering questions about job details and attracting better-suited talent.

Resume Screening and Candidate Shortlisting

The resume screening is usually lengthy and can be subjective. AI can streamline this by analysing resumes based on set criteria like skills, experience, and qualifications. Machine learning (ML) can learn from past hiring choices and get better at matching candidates to roles. Figure 2 below shows the power of AI in the process of recruitment. Especially AI powered screen process is more effective as the models can scan through large volumes of data and can create pool of skill and the candidates They can identify the candidates with similar skill set as job requirement and understand probability of match.

AI tools can also help reduce bias in candidate assessments by prioritizing objective, data-driven criteria instead of personal impressions. This can improve diversity and inclusion in organizations by removing biases linked to gender, ethnicity, or education. There are several AI driven products built into the market which can give more flexibility to the process.

Interviewing

AI chatbots or virtual assistants are being used more to handle the first rounds of interviews. These AI interviewers can ask structured questions, evaluate responses through natural language processing (NLP).

AI powered Video Interviews: The AI powered video interviewing tools can analyse voice and speech and assess tone, pitch, confidence, enthusiasm, and nervousness based on the response of the candidate for a question. Tools can analyse facial expressions to understand emotions like excitement, confidence, and stress during the interview. AI tools can analyse the body language based on the posture, gesture. These are important aspects of communication skills.

Pre-screening Chatbots: Chatbots can conduct pre-screening through chat screening, based on the pretrained model questions, chatbots can ask targeting questions that are apt for the job description and evaluate the candidate's relevancy to the job. Chat bot can schedule interviews.

AI powered Interview analytics: Training the recruitment chatbots or AI models in the healthcare domain is a unique and critical aspect as the knowledge and terminology required is different. Automating this stage helps ensure fairness and cuts out biases in interviews.

Chatbots are used in many products to streamline communication and automation of routine tasks. Koivunen et al conducted some testing and interviewed a few candidates using the tools created with chatbots, they found the results are very positive to be implemented in the recruitment process Chatbots are going to replace the human resource professionals but they can enhance the speed at which recruitment can be done, also reliance and accuracy the quality of outcome found to be greatly helpful to HR professionals.

Some AI Powered Recruitment Tools

Mya System: Mýa is an AI powered recruitment assistant that helps with candidate engagement process, it can screen resumes, answer questions, schedule interview and follow up with candidates. This tool uses NLP algorithms that are pretrained with defined criteria in the domain of the business-like healthcare.

Hire Vue: Hire Vue is a video interviewing platform built with integrated chatbot. This tool main functionality is to interview and screen candidates; it has inbuilt AI analytics that can give feedback about the chat conversations and video interviews.

Talla: Talla offers a chatbot for hiring that assists with candidate sourcing, screening, and engagement. It leverages AI to interact with candidates, capture data, and pass on qualified candidates to the hiring team. Talla automates interview scheduling and follow-up, personalizes candidate outreach, seamlessly integrates with HR tools and ATS.

Jobpal: Jobpal is a chatbot platform that helps automate candidate communication across job boards, websites, and social media channels. It offers conversational tools to engage candidates in real-time, making recruitment more efficient. Automates screening and interview scheduling. AI-powered messaging for candidate outreach, integration with Slack, Facebook Messenger, WhatsApp, etc.

XOR: XOR is an AI chatbot used for recruiting and candidate engagement. It automates interactions via text, email, and voice, allowing recruiters to focus on high-level tasks. XOR can automate candidate screening and job matching, scheduling interviews with minimal recruiter involvement, and also multi-channel engagement with SMS, email, web chat.

Moreover, AI can help with scheduling interviews, minimizing logistical problems and saving time for both candidates and recruiters. Additionally, AI can gather feedback from interviewers and analyse it to provide insights into candidates' performance and fit for the job.

Candidate Matching And Predictive Analytics

AI has a strong use in hiring through predictive analytics, which uses past data to forecast future candidate performance. Machine learning can look at trends in earlier hiring to see which candidates might do well in certain jobs or company cultures. AI models improve identification, selection of the candidates, they can evaluate soft skills, behavioural aspects, the AIs quantitative approach gives analytical results of feelings and values.

Predictive models can evaluate factors like skills, personality, and experience to align candidates

with suitable roles, boosting job satisfaction and retention. Tools powered by AI that utilize these analytics help match candidates better with company needs, cutting down on costly turnover. Yanamala did a comparative evaluation of the AI-driven recruitment tools and the analytical results out of the evaluation. There are primarily three AT selection models evaluated including CRITIC-WASPAS, TOPSIS, and PROMETHEE and the outcome of the tools are desired, accurate and fair for the some of the organization that implemented these models.

Enhanced Candidate Experience

AI offers fast feedback, tailored communication, and improved application processes, boosting the candidate experience. Automated chatbots can keep candidates updated during hiring, positively influencing their view of the organization.

Reduced Bias

Hiring decisions can be affected by human biases, whether intentional or not. AI algorithms, when well-trained, can lessen these biases by relying on objective criteria such as skills and experience, leading to a fairer hiring process.

Improved Hiring Accuracy

Using data insights, AI can better predict which candidates will thrive in specific roles. This lowers the risk of hiring wrong fits and cuts down turnover, ultimately saving time and resources for the organization.

Challenges And Ethical Considerations

Data Privacy And Security

AI tools in hiring depend on large datasets with personal candidate information. Organizations must establish strong privacy and security practices to safeguard this sensitive data. Following regulations like GDPR is vital to prevent data misuse. Organization with minimal employees may have challenges of training any custom driven models, the accuracy come with adequate data.

Risk Of Over-Reliance On AI

AI excels in automating tasks but cannot completely replace human insight, especially for assessing soft skills and cultural fit. Relying too much on AI may remove the personal connection necessary for fostering relationships with candidates.

Algorithmic Bias

While AI can cut bias, there's a risk that the algorithms may continue to reflect biases found in the data they were trained on. If historical data

is biased, the AI can unintentionally support those biases. Training AI with diverse data is key to mitigating this issue.

Transparency And Accountability

The complex nature of some AI algorithms can create issues with transparency. It may be hard for candidates or recruiters to grasp how AI makes decisions, which can lead to concerns about accountability in the hiring process.

It can be hard to question or appeal decisions that seem not right. Companies should focus on being clear about how they use AI and let candidates ask questions if needed.

Onboarding

After hiring, AI can simplify onboarding with automated solutions. Virtual assistants or AI systems can help new employees with paperwork, training resources, and queries about

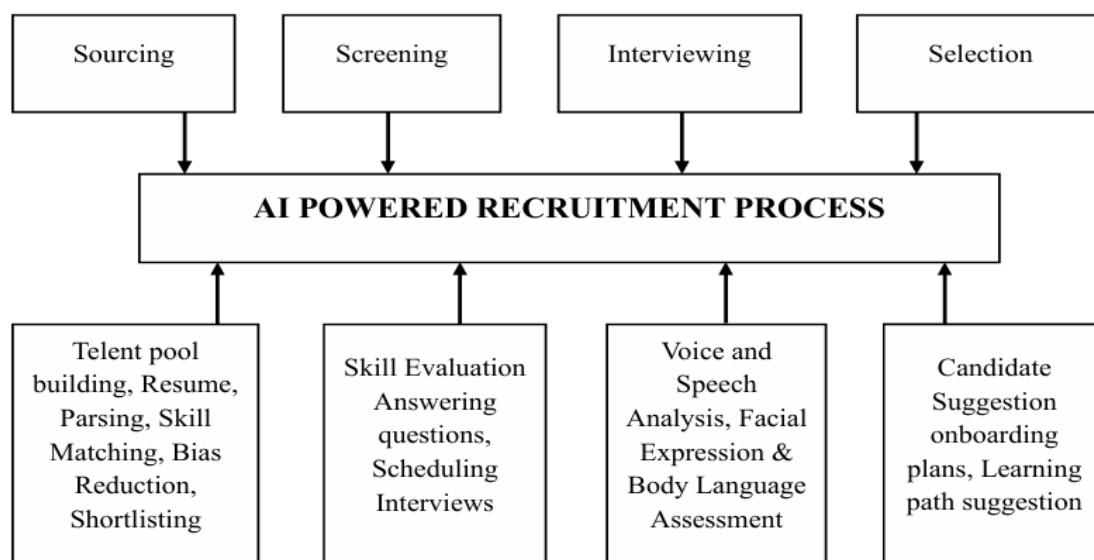
company rules. These AI driven tools can prepare the employee with what to expect on day one with the list of onboarding formalities or documents to be signed or learnings to be completed which gives understanding of the job.

Benefits Of AI In Recruitment

Increased Efficiency

AI automation cuts down the time spent on repetitive tasks such as resume screening, interview scheduling, and early assessments. This enables recruiters to concentrate on strategic areas like interacting with candidates and making final hiring choices.

- Reduce the time spent screening candidates' profiles
- Automate initial screening
- Standardize the interview process
- Faster and efficient interviews



Conclusion

Healthcare industry being very critical industry to keep people's lives safe and healthy, it is important to use the advanced technologies to reach out to the wider areas of the globe to recruit the right talent and the right healthcare professionals. The advancements in technical developments, AI has expanded into many business and workplaces. AI is changing how hiring works by making tasks like finding candidates, screening, interviewing, and onboarding more efficient. By using AI tools, companies can become more efficient, lessen biases, and improve hiring choices. However, using AI in recruitment also brings issues like data privacy problems, bias in algorithms, and the possible loss of human judgment. To get the most out of AI in hiring, companies need to find a balance, making sure AI helps humans in

decision-making and is used in a fair and clear way. As AI keeps changing, the hiring field will likely change even more, giving companies new ways to find better talent, more quickly, and more fairly. Companies that use AI in their hiring will be more ready to succeed in a tough and fast-changing job market.

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