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Reverse Logistics and Waste Reduction in Businesses

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Peer Review Information	Abstract
<p>Submission: 11 Jan 2026</p> <p>Revision: 22 Jan 2026</p> <p>Acceptance: 10 Feb 2026</p>	<p>The current business scenario has witnessed fast development in industry and a rise in demands from consumers. As a result, waste has increased with a considerable number of organizations covering mostly the stream from manufacturers to consumers without putting greater emphasis on managing items flowing from consumers in exchange for products that are damaged or at the end of their use life, which if mishandled leads to pollution of environments with higher costs for disposal for organizations. Reverse logistics has come forth as an effective method of dealing with returned products as well as waste. This encompasses actions such as the retrieval, reuse, recycling, renovation, and disposal of products after the use of the product. Reverse logistics enables companies to reduce waste, make use of valuable resources, and decrease reliance on natural resources through the proper implementation of reverse logistics concepts. Moreover, implementation of the reverse logistics concept enables organizations to adhere to the environment laws.</p>
<p>Keywords</p> <p>Reverse Logistics, Waste Reduction, Sustainable Business Practices, Recycling and Reuse, Environmental Sustainability</p>	<p>This paper will attempt to explore the importance of reverse logistics in the reduction of wastes and the effect on sustainable business operations. The paper will be anchored on primary information gathered from a structured questionnaire. The findings reveal the involvement of effective reverse logistics operations within the dimensions of waste reduction, cost savings, and enhancing the corporate image of the concerned organizations. Nevertheless, high costs and complicated returns remain the identified challenges.</p> <p>The paper concludes that for sustainable growth and for resolution of environmental issues, integration of reverse logistics with other operations is imperative.</p>

1. Introduction

In today's competitive business environment, organizations are increasingly focusing on sustainable practices to reduce environmental impact and improve operational efficiency. Rapid industrialization and rising consumer demand have resulted in increased waste generation, creating a need for effective waste management strategies. Traditionally, businesses have concentrated more on the forward flow of products, while limited attention has been given

to the management of returned, damaged, or end-of-life products.

Reverse logistics has emerged as an important approach to address this issue by managing the backward flow of products from consumers to businesses for reuse, recycling, refurbishment, or safe disposal. By adopting reverse logistics practices, businesses can reduce waste, conserve resources, and comply with environmental regulations. In this context, the present study examines the role of reverse logistics in waste

reduction and its contribution to sustainable business practices.

1.1 Objectives

Primary Objective

- To examine the function of reverse logistics in managing waste and positively contributing to sustainable business.

Secondary Objectives

- To comprehend the notion and significance of reverse logistics in contemporary organizations.
- To explore the diverse reverse logistics practices adopted by organizations for waste management.
- In studying the impact of reverse logistics on the reduction of waste and cost in a business.
- To examine the effect of reverse logistics on the corporate image and sustainability performance of the organization.
- To determine challenges posed by organizations in applying efficient reverse logistics processes.

2. Review of Literature

Kumar and Sharma (2023) in their study, established that reverse logistics practices in manufacturing sectors impact the management of returns in that an efficient return management process helps in reducing wastage and operational costs. The authors also established that improved return management systems provide an organization with an element of competitiveness in terms of resource use.

Patel et al.(2022) carried out research to analyse the practices of reverse logistics in retailing and e-commerce business. The results showed that recycling, renovation, and reusing of returned products have positive effects on sustainability of the environment and building customer trust. High transport cost and absence of technology infrastructure were identified as challenges.

Singh and Verma (2021) in their study focused on how reverse logistics affects the corporate image. It found that those companies adopting environmentally responsible reverse logistics practices have improved brand reputation and stakeholder confidence. Sustainability turned out to be one of the major factors affecting the adoption of reverse logistics.

Ravi and Shankar (2020) examined reverse logistics as a holistic means for waste management. In their research, they established that it is viable to save costs and reduce reliance on raw materials through the integration of reverse logistics into the supply chain process.

This was complemented by management support for the process to be successful.

Carter and Ellram (2018) offered a conceptual basis on reverse logistics by ensuring that the concept was understood through the following definition: "Reverse Logistics is the movement of products from the end-use customer back to the producing firm or organization after the original purchase for recovery of value or proper disposition." They connected the concept to the notion of reducing, reusing, and recycling. Carter and Ellram (2018) ensured that the concept of reverse logistics was connected to sustainable supply chain practices and waste reduction.

3. Research Methodology

3.1 Research Design

In the current study, the research design employed is **descriptive research**. This research design helps to describe and analyse the importance and impact of reverse logistics in managing waste and adopting eco-friendly business practices. The study highlights the awareness and opinion of the respondents across different age groups.

3.2 Sources of Data

The research relies on both primary as well as secondary information. Primarily, data were gathered using a structured format of a planned questionnaire. Conversely, secondary data were gathered using journals of research and publications of reports related to the concept

3.3 Sample Size

The research took place with a sample size of 105 participants. The responses were sought from different ages who wanted diverse viewpoints regarding reverse logistics and waste reduction schemes.

3.4 Sampling Technique

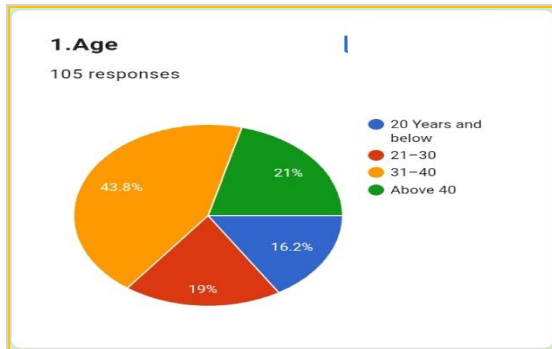
It also follows the convenience sampling method, whereby the respondents are selected based on convenience and willingness to participate. It uses an online questionnaire to reach the respondents who may come from diverse backgrounds.

3.5 Tools for Data Collection

The first method of collecting data was through a structured questionnaire. These were a range of demographic questions, as well as opinion-based questions regarding reverse logistics and waste reduction, posed in multiple choice and Likert scale formats.

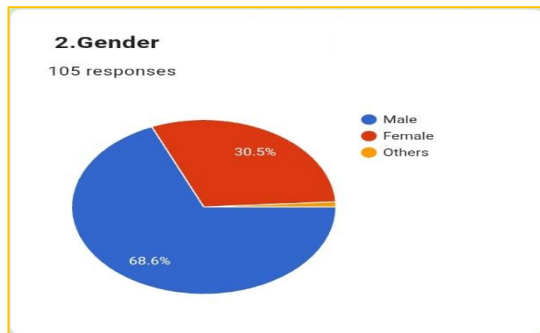
4. Data Analysis and Interpretation

4.1 Age-wise Distribution of Respondents



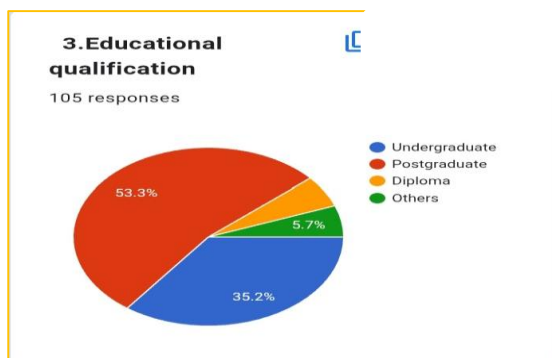
Inference: A considerable portion of the respondents come under the category of 31-40 years of age. The next category is people above 40 years of age. Thus, the sampling reflects the opinions of experienced people who are engaged actively in their business activities, which includes reverse logistics activities.

4.2 Gender-wise Distribution of Respondents



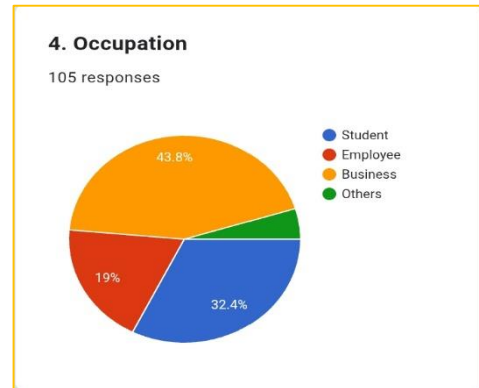
Inference: A large majority of the respondents are male, while female contributors to the discussion appear to be less in numbers. This indicates that the response distribution is male-dominated, which might be representative of the proportion of males to females in the field of logistics.

4.3 Educational Qualification of Respondents



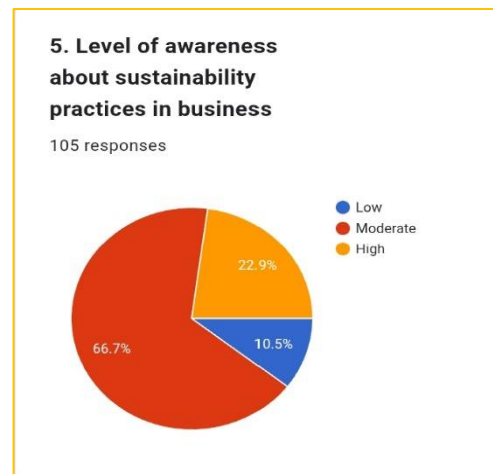
Inference: The majority of the respondents are postgraduates, followed by undergraduates, who have very few participants from the diploma and other groups. This reflects a higher level of education among respondents, who tend to have a higher level of understanding about concepts such as reverse logistics and waste management.

4.4 Occupational Status of Respondents



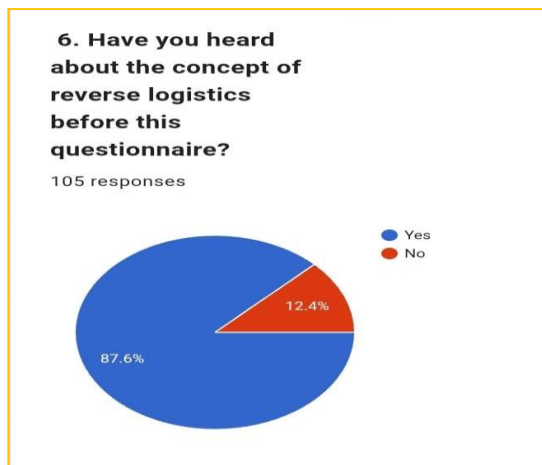
Inference: Business professionals, followed by students, and then employees make up a large percentage of participants. This is important because it shows that a large proportion of results are impacted by those directly or indirectly involved in business-related activities.

4.5 Level of Awareness about Sustainability Practices in Business



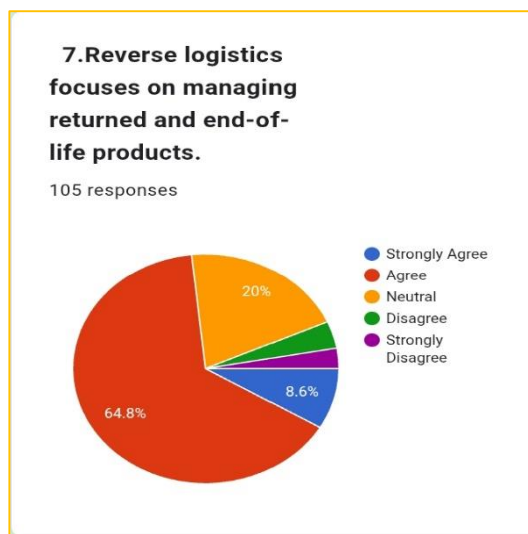
Inference: The majority of the respondents reported a moderate level of awareness, while a smaller segment showed high awareness, and very few reported low awareness. This therefore implies that most of the respondents are aware of the sustainability practices; however, there is still scope to enhance deeper understanding and active implementation in businesses.

4.6 Awareness about the Concept of Reverse Logistics



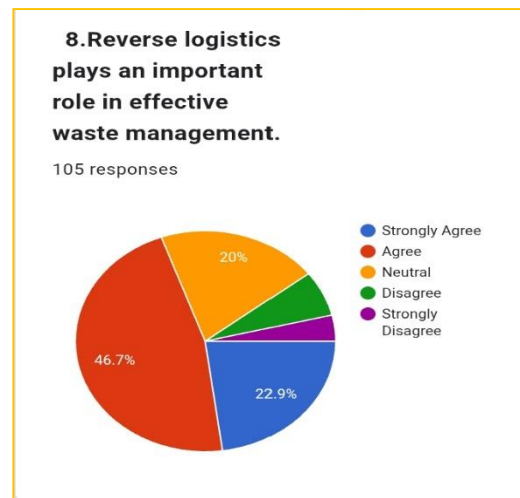
Inference: A vast majority of the respondents have prior awareness of reverse logistics. This shows that the concept is mainly popular within the sample population, primarily based on their educational backgrounds and occupational exposure.

4.7 Opinion on Reverse Logistics Managing Returned and End-of-Life Products



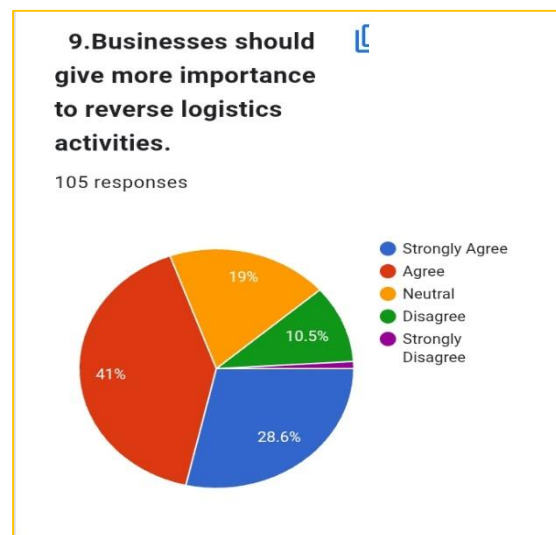
Inference: The percentage agreement of the respondents is greater than their disagreements, where most of them strongly agree with this statement. This points out full understanding of what reverse logistics can essentially do to maintain or improve product returns, recycling's, reuses, and disposals.

4.8 Role of Reverse Logistics in Effective Waste Management



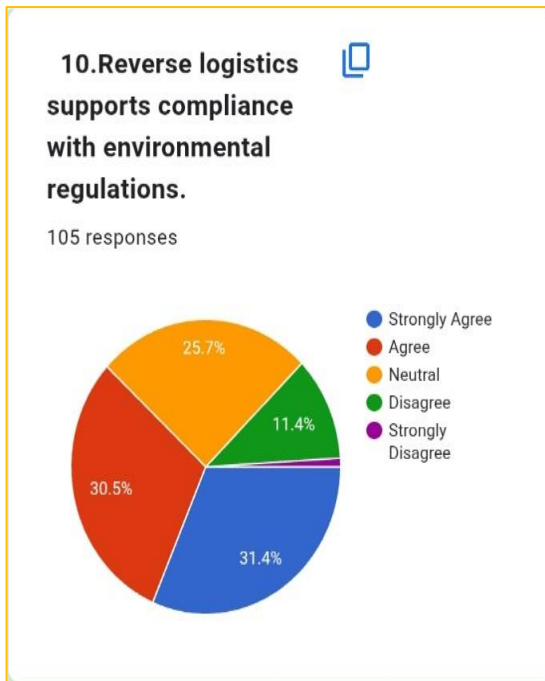
Inference: The overwhelming majority of the respondents strongly agree or somewhat agree that reverse logistics is necessary in effectively waste-managing. This reflects very strong positive perceptions of reverse logistics as the major tool to reduce waste, enhance sustainability, and support environmentally responsible business.

4.9 Importance of Reverse Logistics Activities for Businesses



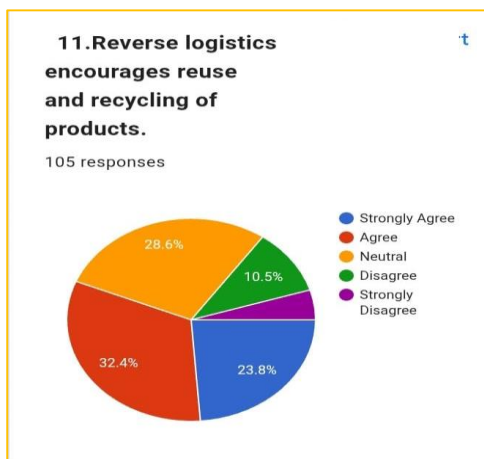
Inference: It is necessary that the concerned entities in the industry pay more attention to the field. A large majority of respondents are of the view that there should be higher importance attached to reverse logistics in business operations.

4.10 Role of Reverse Logistics in Environmental Regulatory Compliance



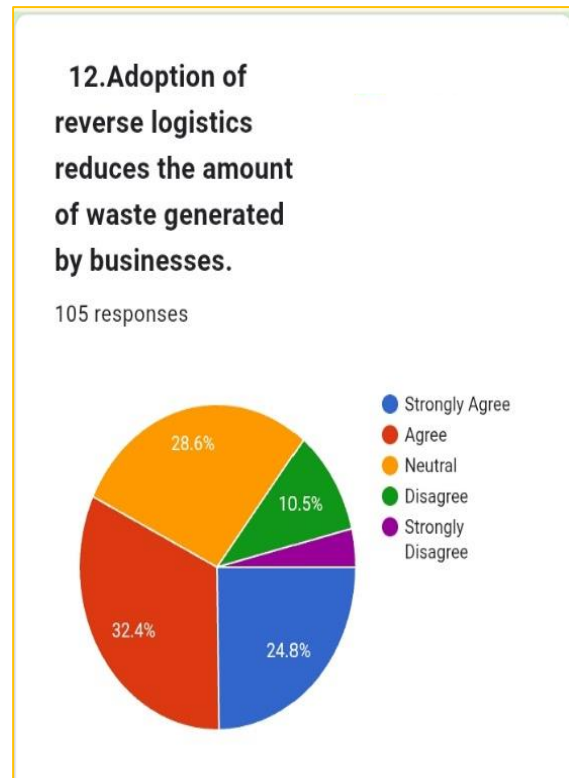
Inference: The reverse logistics function enables a company to comply with environmental protection laws. A majority of respondents agree or strongly agree that reverse logistics assists in complying with environmental laws, indicating its relevance to complying with laws and regulations.

4.11 Role of Reverse Logistics in Encouraging Reuse and Recycling



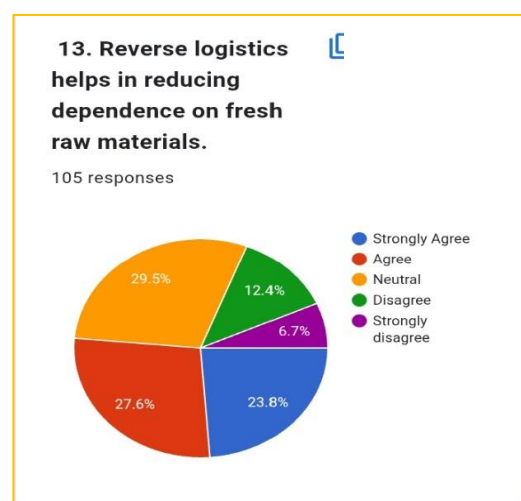
Inference: Reverse logistics promotes product reuse and recycling. However, there is a substantial number of people supporting this statement, indicating reverse logistics as one of the decisive factors for reuse and recycling in enterprises.

4.12 Impact of Reverse Logistics on Waste Reduction



Inference: The use of reverse logistics minimizes waste production. The general opinion is positive, showing that reverse logistics is viewed as effective in waste reduction during organizational operations.

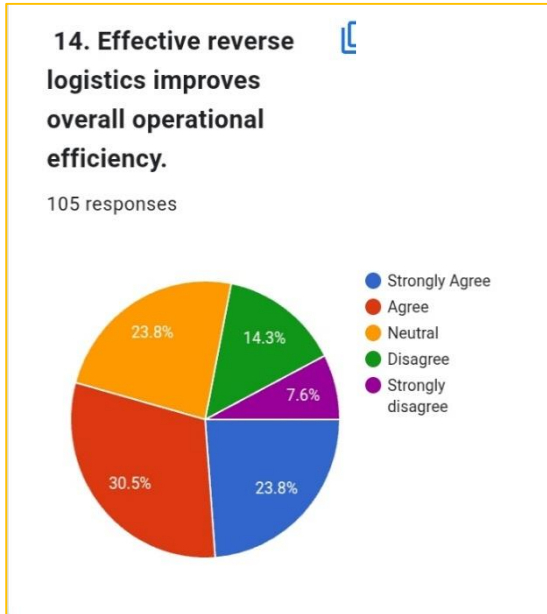
4.13 Reduction of Dependence on Fresh Raw Materials through Reverse Logistics



Inference: Reverse logistics contributes towards less reliance on fresh materials. The participants seem to concur, indicating that reverse logistics

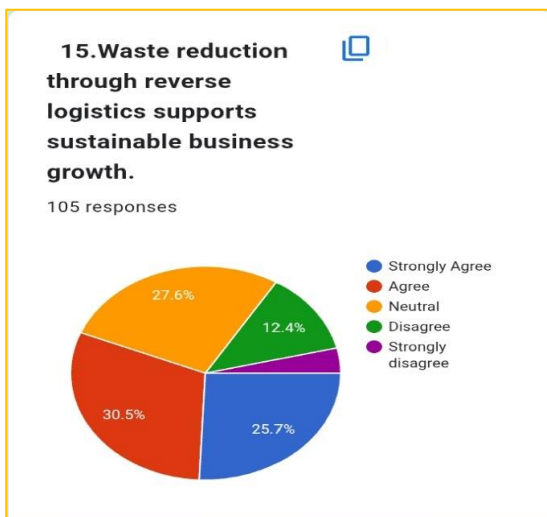
enhances resource conservation through the reusing of materials.

4.14 Impact of Reverse Logistics on Operational Efficiency



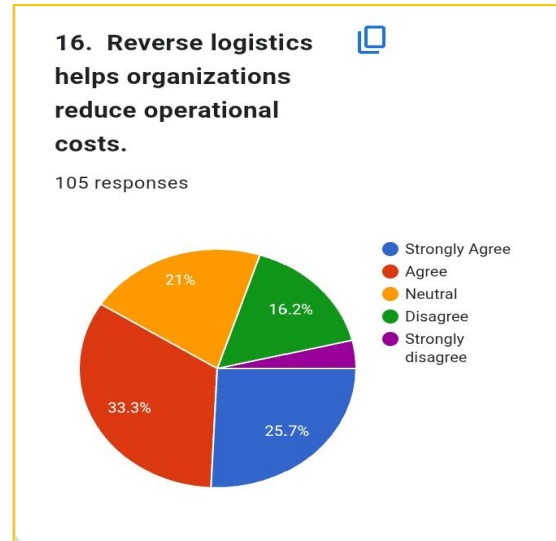
Inference: The large majority of respondents feel that good reverse logistics leads to efficiency in operations. However, some respondents have neutral or disagreeing opinions, implying that it might be dependent on how it is accomplished.

4.15 Contribution of Reverse Logistics to Sustainable Business Growth



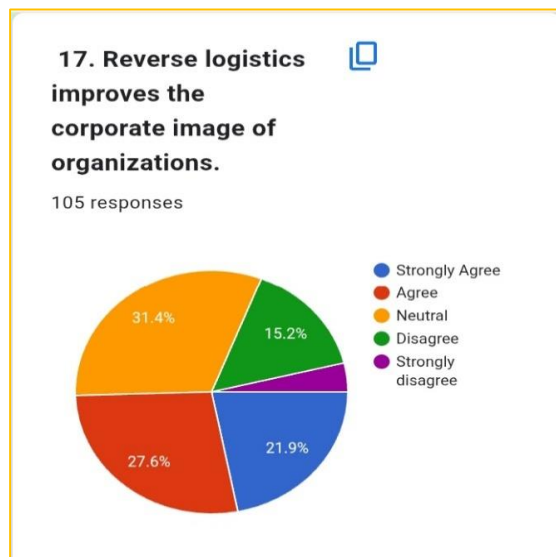
Inference: Reducing waste through reverse logistics helps sustain business growth. An excellent agreement indicated that respondents link reverse logistics and waste reduction to sustainability and business growth.

4.16 Role of Reverse Logistics in Reducing Operational Costs



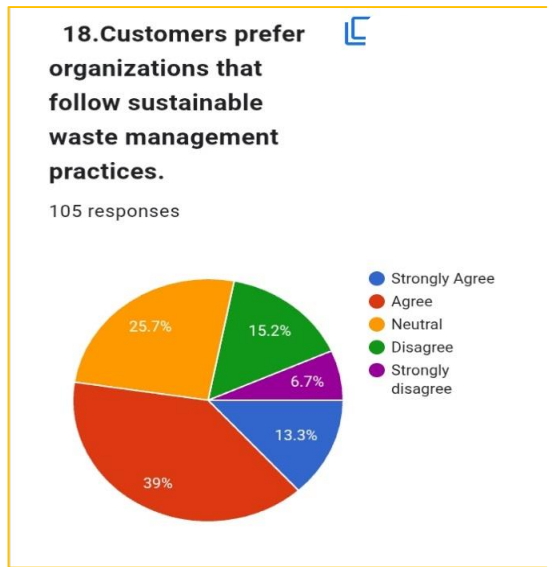
Inference: Reverse logistics contributes significantly to lowering the cost of operations for an organization. There is a strong consensus that reverse logistics adds to the costs being reduced, which not only speaks about the economic advantages but also the environmentally friendly nature of reverse logistics.

4.17 Impact of Reverse Logistics on Corporate Image



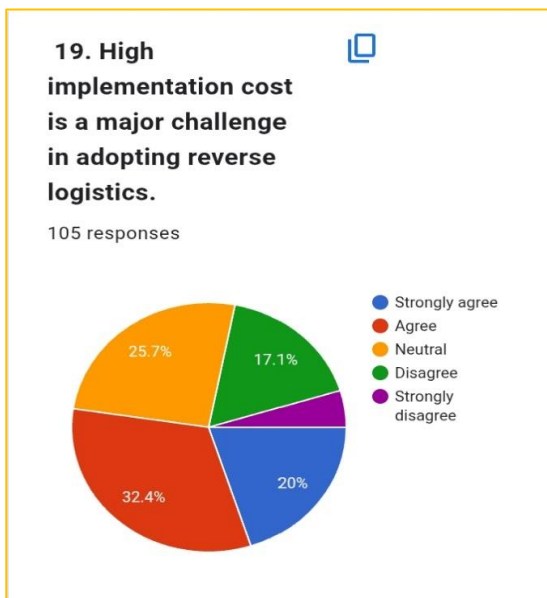
Inference: Reverse logistics enhances the corporate image of companies. A large majority of the respondents concur that reverse logistics improves corporate image, implying that reverse logistics is perceived to be a positive approach to building corporate reputation, although a significant percentage of the population is neutral.

4.18 Customer Preference for Organizations Practicing Sustainable Waste Management



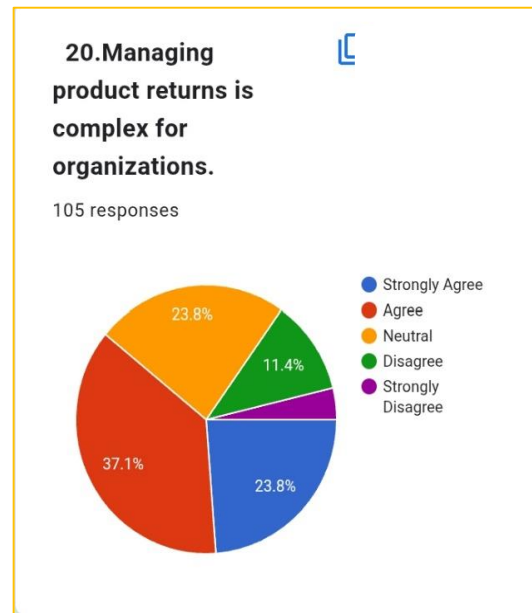
Inference: Consumers are drawn to companies with sustainable waste management practices. The majority of the respondents are in agreement with the idea that customers prefer sustainable waste management practices, which illustrates the impact of environmentally responsible practices on customer preference and decisions.

4.19 High Implementation Cost as a Challenge in Adopting Reverse Logistics



Inference: High cost of implementation is one of the challenges of applying Reverse Logistics. A majority of the respondents concur that high cost is a barrier, indicating that financial issues can be one of the important challenges facing reverse logistics system implementation.

4.20 Complexity in Managing Product Returns



Inference: Product returns management poses difficulties for the organization. A significant percentage of the participants agree to the point that dealing with returns is complex. This shows difficulties in reverse logistics.

5. Findings of the Study

The respondents are experienced and educated professionals in the field of business. Therefore, the information offered by the respondents is credible. The respondents are fairly aware of the concepts of sustainability and reverse logistics. They accept the importance of sustainability and reverse logistics in dealing with returns, waste reduction, re-use and recycle, and conserving the environment.

Reverse logistics is perceived to have significant implications in enhancing efficiency, managing costs, ensuring compliance, facilitating business sustainability, as well as enhancing business reputation, although it has implications in increased costs of implementation.

In addition, the respondents offered recommendations on how reverse logistics can be improved, which include the following: employee education regarding waste management, stricter governmental regulations, improved return policy, concentration on the aspect of recycling, customer education, and implementation of the collection process. Most respondents would also like to further their knowledge regarding reverse logistics.

Overall, reverse logistics can be considered highly valued from a sustainable business perspective; however, overcoming challenges with respect to operations and cost primarily needs attention.

5.1 Suggestions

Based on the findings from this study and recommendations from participants, it is recommended that:

Employee Training Programs : Organizations should offer continuous training to their personnel regarding waste management and reverse logistics techniques, which help in improving the efficiency of the operation process.

More Government Regulations : Concerned government authorities must enforce stronger environmental policies and guidelines to persuade and induce the implementation of reverse logistics concepts by such businesses.

Enhanced Return Policies : A return policy needs to be designed by the companies for efficiently managing the returned as well as discarded items.

Concentration on Recycling & Reusing :The companies should pay more heed to the concept of recycle or reuse of the returned products rather than disposing of them. This will be helpful in managing waste.

Customer Awareness Initiatives : Organisations need to create customer awareness regarding the need to return used or damaged products through awareness campaigns.

Efficient Collection Systems : There should be a well-organized collection system to make the process of receiving the product back simpler. Reverse logistics operations should also be made simpler.

Encouraging Further Research : Given that some respondents were interested in gaining further information on reverse logistics, future research could examine this topic in depth in different industries or geographies.

5.2 Conclusion

The report underlines the need for reverse logistics in combating wastage and encouraging sustainable business activities. The results clearly indicate that the majority of respondents are aware of the relevance of reverse logistics for waste reduction, reuse, recycling, as well as observance of environmental laws. In addition, reverse logistics has been viewed as helpful in generating greater efficiency in operations, ensuing lower expenses, as well as a positive company image.

Although the issues involving high costs of implementation and complexities related to the reverse process of product returns exist, the reaction towards reverse logistics is very positive. Finally, the study concludes that sustainable growth in businesses with the help of reverse logistics, along with the support of

trained personnel, consumer awareness, and the government, is possible.

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