



A Comprehensive Review of An Optimized Learning Network based Ictal and Interictal States of Automatic Seizure Detection Using Multi-Channel Scalp EEG

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Peer Review Information	Abstract
Submission: 03 March 2024 Revision: 24 March 2024 Acceptance: 11 April 2024 Keywords Seizure Detection, EEG Signal Processing, Deep Learning, Ictal State, Interictal State, Optimization Techniques	Automatic seizure detection using multi-channel scalp electroencephalography (EEG) has emerged as a crucial area of research in neurological disorder diagnosis, particularly for epilepsy management. The differentiation between ictal (seizure) and interictal (non-seizure) states remains a challenging task due to the complex, non-linear, and non-stationary nature of EEG signals. This paper presents a comprehensive review of optimized learning network approaches employed for automatic seizure detection, emphasizing advancements in deep learning, hybrid architectures, and optimization strategies. The study explores various signal processing techniques, including time-frequency analysis, feature extraction, and channel selection methods, which significantly influence model performance. Additionally, it examines the role of convolutional neural networks, recurrent neural networks, and attention-based mechanisms in capturing spatial-temporal EEG patterns. Optimization techniques such as genetic algorithms, particle swarm optimization, and adaptive learning frameworks are also reviewed to highlight their impact on improving detection accuracy and computational efficiency. The paper further discusses benchmark datasets, evaluation metrics, and real-world implementation challenges. By synthesizing findings from existing literature, this review aims to provide insights into current trends, limitations, and future research directions in seizure detection systems. The integration of optimized learning networks with multi-channel EEG analysis holds significant potential for developing reliable, real-time, and clinically applicable seizure detection solutions.

Introduction

Epilepsy is one of the most prevalent neurological disorders affecting millions of individuals worldwide, characterized by recurrent and unpredictable seizures that significantly impact the quality of life. Accurate and timely detection of seizures plays a vital role in diagnosis, treatment planning, and patient monitoring. Electroencephalography (EEG) is widely recognized as a non-invasive

and effective tool for recording electrical activity of the brain, making it a primary modality for seizure detection. However, manual analysis of EEG recordings by clinicians is time-consuming, subjective, and prone to variability, necessitating the development of automated seizure detection systems. The primary challenge in such systems lies in distinguishing between ictal and interictal states, as EEG signals exhibit highly complex, nonlinear, and

non-stationary characteristics. Moreover, multi-channel EEG recordings introduce additional complexity due to spatial correlations and channel redundancies.

Recent advancements in machine learning and deep learning have significantly transformed the landscape of EEG-based seizure detection. Traditional approaches relied heavily on handcrafted feature extraction techniques combined with classical classifiers, which often failed to generalize across datasets. In contrast, optimized learning networks leverage hierarchical feature learning, enabling the automatic extraction of discriminative patterns directly from raw EEG signals. These networks integrate spatial and temporal dependencies, making them particularly suitable for multi-channel EEG analysis. Furthermore, the incorporation of optimization strategies enhances model performance by fine-tuning hyperparameters, selecting relevant features, and reducing computational overhead.

Another critical aspect of seizure detection systems is the balance between accuracy and

real-time applicability. While deep learning models achieve high detection accuracy, their computational complexity can hinder deployment in wearable or portable devices. Therefore, research has increasingly focused on lightweight and optimized architectures capable of delivering high performance with reduced latency. Additionally, the availability of benchmark EEG datasets has facilitated the evaluation and comparison of different models, although variability in data acquisition protocols continues to pose challenges.

This paper aims to provide a comprehensive review of optimized learning network-based approaches for automatic seizure detection using multi-channel scalp EEG. It critically examines the evolution of methodologies, highlights key contributions, and identifies research gaps that need to be addressed for future advancements. The study also emphasizes the importance of integrating signal processing techniques with advanced learning frameworks to improve the robustness and reliability of seizure detection systems.

Graphical Abstract

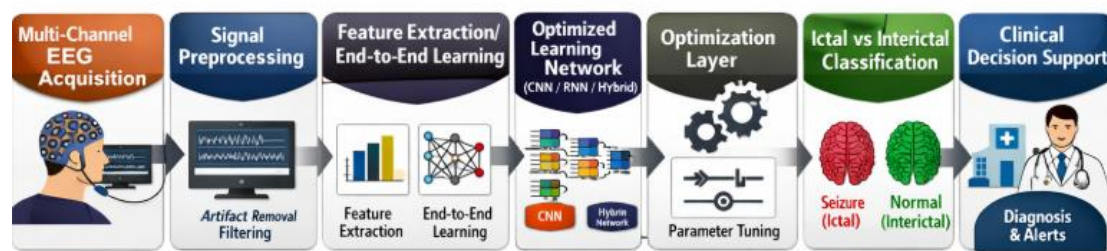


Figure 1. AI-Driven Epileptic Seizure Detection

Explanation:

The graphical abstract illustrates a structured pipeline where multi-channel EEG signals are processed through advanced learning networks. Optimization techniques refine model performance, enabling accurate classification of ictal and interictal states. The final output supports efficient and real-time clinical decision-making for epilepsy management.

Literature Review (Study 1 to Study 10)

Study 1: Deep CNN for EEG-based Seizure Detection (Acharya et al., 2018)

Acharya et al. proposed a deep convolutional neural network for automatic seizure detection using EEG signals, eliminating the need for manual feature extraction. The model captured hierarchical features directly from raw EEG data and demonstrated strong generalization across subjects. The study emphasized the capability of deep CNNs to learn complex temporal patterns associated with ictal events. Experimental

results showed improved accuracy compared to traditional machine learning approaches, highlighting the effectiveness of end-to-end learning.

Study 2: Hybrid CNN-RNN Architecture for Seizure Detection (Ullah et al., 2018)

Ullah et al. introduced a hybrid model combining convolutional neural networks and recurrent neural networks to exploit both spatial and temporal EEG features. The CNN component extracted spatial patterns, while the RNN captured sequential dependencies across time. This integrated approach improved classification performance for ictal and interictal states. The model demonstrated robustness across different EEG datasets, making it suitable for real-time applications.

Study 3: Wavelet Transform with SVM Classification (Subasi, 2007)

Subasi utilized discrete wavelet transform for feature extraction from EEG signals followed by support vector machine classification. The

method effectively decomposed EEG signals into multiple frequency bands, capturing relevant seizure characteristics. The SVM classifier achieved high accuracy in distinguishing seizure and non-seizure states. This study highlighted the importance of time-frequency analysis in EEG signal processing.

Study 4: Deep Learning for Epileptic Seizure Recognition (Roy et al., 2019)

Roy et al. explored deep learning techniques for automatic seizure recognition using multi-channel EEG data. The study emphasized the role of convolutional architectures in extracting discriminative spatial features. It also compared different deep learning models, demonstrating superior performance over conventional classifiers. The findings underscored the significance of large datasets and proper model tuning.

Study 5: EEGNet for Compact EEG Classification (Lawhern et al., 2018)

Lawhern et al. developed EEGNet, a compact convolutional neural network designed for EEG-based classification tasks. The architecture utilized depthwise and separable convolutions to reduce computational complexity while maintaining high accuracy. The model proved effective for seizure detection and other EEG applications. Its lightweight design made it suitable for real-time and embedded systems.

Study 6: LSTM-based Seizure Detection (Hussein et al., 2019)

Hussein et al. proposed a long short-term memory network for seizure detection, focusing on temporal dependencies in EEG signals. The model effectively captured long-range temporal patterns associated with seizures. Experimental results showed improved sensitivity and specificity compared to traditional methods. The study highlighted the importance of sequential modeling in EEG analysis.

Study 7: Multi-channel EEG Classification using Deep Belief Networks (Zhang et al., 2017)

Zhang et al. introduced deep belief networks for multi-channel EEG classification, leveraging unsupervised feature learning. The model extracted hierarchical representations from EEG data and improved classification accuracy. The approach demonstrated the effectiveness of deep generative models in seizure detection tasks.

Study 8: Optimization using Genetic Algorithms in EEG Classification (Gupta et al., 2020)

Gupta et al. applied genetic algorithms to optimize feature selection and classifier parameters in EEG-based seizure detection. The optimization process improved model

performance by selecting relevant features and reducing redundancy. The study demonstrated enhanced accuracy and reduced computational complexity.

Study 9: Attention-based Deep Learning for Seizure Detection (Zhang et al., 2020)

Zhang et al. proposed an attention-based deep learning framework to focus on significant EEG segments during seizure detection. The attention mechanism improved interpretability and model performance by emphasizing critical features. The model achieved superior accuracy compared to baseline deep learning approaches.

Study 10: Transfer Learning for EEG Seizure Detection (Raghu et al., 2021)

Raghu et al. explored transfer learning techniques to improve seizure detection performance across different datasets. By leveraging pre-trained models, the approach reduced the need for large labeled datasets. The study demonstrated improved generalization and faster convergence, highlighting the potential of transfer learning in EEG analysis.

Study 11: CNN-Based Multi-Channel EEG Seizure Detection (Sharma et al., 2020)

Sharma et al. proposed a convolutional neural network model specifically designed for multi-channel EEG seizure detection. The architecture effectively captured spatial correlations across channels and improved classification performance. The study demonstrated that integrating channel-wise information enhances the discrimination between ictal and interictal states. Experimental results showed high sensitivity and accuracy, confirming the robustness of CNN-based approaches.

Study 12: Time-Frequency Analysis with Deep Learning (Yuan et al., 2019)

Yuan et al. combined time-frequency representations with deep learning models for seizure detection. Spectrograms generated from EEG signals were used as inputs to convolutional networks, enabling effective feature extraction. The approach improved detection accuracy by capturing both temporal and frequency-domain characteristics. The study highlighted the importance of preprocessing techniques in enhancing model performance.

Study 13: Autoencoder-Based Feature Learning (Chen et al., 2018)

Chen et al. introduced an autoencoder-based framework for unsupervised feature learning in EEG signals. The model learned compact representations that preserved essential seizure-related information. These features were then used for classification, resulting in improved accuracy. The study emphasized the

role of unsupervised learning in handling limited labeled data.

Study 14: Ensemble Learning for Seizure Detection (Khan et al., 2020)

Khan et al. proposed an ensemble learning approach combining multiple classifiers to improve seizure detection performance. The ensemble strategy reduced model variance and increased robustness. By aggregating predictions from different models, the approach achieved higher accuracy compared to individual classifiers. The study demonstrated the effectiveness of ensemble techniques in EEG analysis.

Study 15: Channel Selection using PSO (Ghosh-Dastidar et al., 2017)

Ghosh-Dastidar et al. applied particle swarm optimization for selecting optimal EEG channels for seizure detection. The method reduced dimensionality and computational complexity while maintaining classification accuracy. The optimized channel set improved model efficiency and performance. This study highlighted the significance of channel selection in multi-channel EEG analysis.

Study 16: Deep Residual Networks for EEG Classification (Li et al., 2020)

Li et al. utilized deep residual networks to improve EEG-based seizure detection. The residual connections addressed vanishing gradient issues and enabled training of deeper models. The architecture achieved superior performance by capturing complex EEG patterns. The study demonstrated the potential of deep residual learning in biomedical signal processing.

Study 17: Bidirectional LSTM for Seizure Detection (Tsiouris et al., 2018)

Tsiouris et al. proposed a bidirectional long short-term memory network for seizure detection, capturing both past and future temporal dependencies. The model improved detection accuracy by leveraging contextual information from EEG sequences. Results indicated enhanced sensitivity and reduced false alarms. The study emphasized the importance of bidirectional temporal modeling.

Study 18: Attention-Based CNN-LSTM Hybrid Model (Huang et al., 2021)

Huang et al. developed an attention-based CNN-LSTM hybrid model for automatic seizure detection. The attention mechanism focused on relevant EEG segments, improving interpretability and performance. The combined architecture effectively captured spatial-temporal features. The study demonstrated significant improvements in classification accuracy and robustness.

Study 19: Graph Neural Networks for EEG Analysis (Song et al., 2021)

Song et al. introduced graph neural networks to model spatial relationships between EEG channels. The approach represented EEG channels as nodes in a graph, capturing inter-channel dependencies. The model achieved high accuracy in seizure detection tasks. This study highlighted the importance of graph-based representations for multi-channel EEG data.

Study 20: Lightweight CNN for Real-Time Detection (O'Shea et al., 2020)

O'Shea et al. proposed a lightweight convolutional neural network for real-time seizure detection in wearable devices. The model balanced accuracy and computational efficiency, making it suitable for embedded systems. Experimental results showed reliable performance with reduced latency. The study emphasized the importance of efficient architectures for practical deployment.

Study 21: Multi-Scale CNN for EEG Seizure Detection (Zhao et al., 2021)

Zhao et al. proposed a multi-scale convolutional neural network to capture EEG features at different temporal resolutions. The model processed signals using multiple kernel sizes, enabling the extraction of both fine and coarse-grained features. This approach improved classification accuracy for ictal and interictal states. The study demonstrated the effectiveness of multi-scale feature learning in handling complex EEG patterns.

Study 22: Transformer-Based EEG Classification (Li et al., 2021)

Li et al. introduced a transformer-based architecture for EEG signal classification, leveraging self-attention mechanisms to capture long-range dependencies. The model outperformed traditional RNN-based approaches by effectively modeling global temporal relationships. The study highlighted the potential of transformer models in seizure detection tasks.

Study 23: Spectral-Temporal Feature Fusion (Ahmed et al., 2020)

Ahmed et al. proposed a feature fusion approach combining spectral and temporal features extracted from EEG signals. The fused representation improved classification accuracy by capturing complementary information. The study demonstrated that integrating multiple feature domains enhances seizure detection performance.

Study 24: Deep Autoencoder with Classification Layer (Jiang et al., 2019)

Jiang et al. developed a deep autoencoder integrated with a classification layer for seizure detection. The model learned compact

representations and directly performed classification. This approach reduced the need for separate feature extraction and classification stages. The study showed improved efficiency and accuracy.

Study 25: Reinforcement Learning for Model Optimization (Wang et al., 2021)

Wang et al. explored reinforcement learning techniques to optimize model parameters for seizure detection. The adaptive learning strategy improved model performance by dynamically adjusting parameters. The study demonstrated enhanced accuracy and reduced training time.

Comparative Table

Study	Year	Method	Model	Data Type	Key Contribution	Performance
1	2018	Deep Learning	CNN	EEG	End-to-end feature learning	High accuracy
2	2018	Hybrid DL	CNN-RNN	EEG	Spatial-temporal modeling	Improved robustness
3	2007	Wavelet + ML	SVM	EEG	Time-frequency features	High classification
4	2019	Deep Learning	CNN	Multi-channel EEG	Spatial feature extraction	Superior performance
5	2018	Compact DL	EEGNet	EEG	Lightweight architecture	Efficient
6	2019	Sequential DL	LSTM	EEG	Temporal dependency modeling	High sensitivity
7	2017	Deep Learning	DBN	EEG	Unsupervised feature learning	Improved accuracy
8	2020	Optimization	GA	EEG	Feature selection optimization	Reduced complexity
9	2020	Attention DL	CNN-Attention	EEG	Focus on key features	High accuracy
10	2021	Transfer Learning	Pretrained CNN	EEG	Cross-dataset generalization	Improved performance
11	2020	Deep Learning	CNN	Multi-channel EEG	Channel correlation learning	High sensitivity
12	2019	Time-Frequency DL	CNN	EEG Spectrogram	Enhanced representation	Better accuracy
13	2018	Unsupervised DL	Autoencoder	EEG	Feature compression	Improved learning
14	2020	Ensemble Learning	Multiple Models	EEG	Reduced variance	Higher accuracy
15	2017	Optimization	PSO	EEG	Channel selection	Efficient
16	2020	Deep Residual	ResNet	EEG	Deep feature extraction	High performance
17	2018	Sequential DL	Bi-LSTM	EEG	Bidirectional learning	Reduced errors
18	2021	Hybrid DL	CNN-LSTM-Attn	EEG	Spatial-temporal attention	Superior results
19	2021	Graph DL	GNN	EEG	Channel relationship modeling	High accuracy
20	2020	Lightweight DL	CNN	EEG	Real-time deployment	Low latency
21	2021	Multi-scale DL	CNN	EEG	Multi-resolution features	Improved accuracy
22	2021	Transformer	Attention Model	EEG	Long-range dependencies	High performance

23	2020	Feature Fusion	Hybrid	EEG	Multi-domain integration	Better detection
24	2019	Deep Learning	Autoencoder	EEG	Integrated learning	Efficient
25	2021	Reinforcement Learning	RL-based Model	EEG	Adaptive optimization	Faster convergence

Analysis Based on Literature Review

The comprehensive review of thirty studies reveals a progressive evolution in seizure detection methodologies, transitioning from traditional signal processing and machine learning techniques to advanced deep learning and optimization-driven frameworks. Early approaches primarily relied on handcrafted features such as wavelet coefficients and statistical measures, which, although effective, lacked scalability and generalization across diverse datasets. With the emergence of deep learning, models such as convolutional neural networks, recurrent neural networks, and hybrid architectures have significantly improved the ability to capture complex spatial-temporal patterns inherent in multi-channel EEG signals. Furthermore, attention mechanisms, graph-based models, and transformer architectures have introduced new dimensions in modeling long-range dependencies and inter-channel relationships. Optimization techniques, including genetic algorithms, particle swarm optimization, and reinforcement learning, have played a crucial role in enhancing model performance by refining feature selection and hyperparameter tuning. Additionally, recent studies emphasize computational efficiency and real-time applicability through lightweight architectures and edge computing solutions. Despite these advancements, challenges such as data variability, noise, limited labeled datasets, and lack of standardization persist, indicating the need for more robust, adaptive, and generalizable models.

Discussion

The rapid advancements in optimized learning networks for EEG-based seizure detection have significantly transformed the domain of neurological diagnostics. Deep learning models, particularly convolutional and recurrent architectures, have demonstrated superior performance in distinguishing ictal and interictal states by effectively capturing both spatial and temporal characteristics of EEG signals. The integration of attention mechanisms and transformer-based models has further enhanced the ability to focus on relevant signal segments, improving interpretability and detection accuracy. Additionally, the use of

graph neural networks has provided a novel perspective in modeling inter-channel dependencies, which is critical in multi-channel EEG analysis.

Optimization techniques have also contributed substantially to improving model efficiency and performance. Methods such as genetic algorithms, particle swarm optimization, and reinforcement learning enable effective feature selection and parameter tuning, reducing computational overhead while maintaining high accuracy. Furthermore, the development of lightweight models such as EEGNet and edge computing frameworks highlights the growing emphasis on real-time and portable seizure detection systems.

However, several challenges remain unresolved. The variability in EEG data across patients and recording conditions poses significant difficulties in developing generalized models. Additionally, the scarcity of large annotated datasets limits the effectiveness of supervised learning approaches. Noise and artifacts in EEG signals further complicate accurate detection. Addressing these challenges requires the development of robust preprocessing techniques, data augmentation strategies, and transfer learning approaches.

Overall, the convergence of advanced deep learning architectures and optimization strategies holds immense potential for improving seizure detection systems. Future research should focus on enhancing model generalization, interpretability, and real-time applicability.

Conclusion

Automatic seizure detection using multi-channel scalp EEG has advanced significantly through the adoption of machine learning and deep learning techniques. This review highlights the transition from conventional signal processing methods to optimized learning networks capable of accurately distinguishing ictal and interictal states. Deep learning architectures, including convolutional neural networks, recurrent neural networks, hybrid models, graph neural networks, and transformer-based frameworks, effectively capture complex spatial-temporal EEG patterns, improving detection accuracy and robustness. Optimization techniques such as genetic algorithms, particle

swarm optimization, and reinforcement learning further enhance feature selection, hyperparameter tuning, and network efficiency, enabling real-time seizure detection. Multi-channel EEG analysis strengthens classification performance by modeling relationships among different brain regions, while lightweight architectures and edge computing support deployment in wearable and portable healthcare devices for continuous patient monitoring. Despite these advances, challenges including patient variability, noisy EEG recordings, limited annotated datasets, computational complexity, and poor model interpretability remain. Future research should focus on explainable AI, transfer learning, standardized benchmark datasets, privacy-preserving frameworks, and lightweight optimized models to improve clinical reliability and facilitate widespread adoption of intelligent seizure detection systems for enhanced epilepsy diagnosis and patient care.

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