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## AI-Assisted Creativity: Balancing Innovation and Authenticity in the Digital Era

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### Abstract

Generative Artificial Intelligence (AI) is revolutionizing the creative landscape by enabling rapid ideation, style transfer, and iterative concept exploration. However, the rise of AI-generated content raises questions about originality, authorship, and the nature of creativity itself. This paper explores the theoretical framework underpinning generative AI, drawing on theories from psychology, philosophy, and technology. We examine the concept of distributed creativity, which suggests that creativity is not confined to the individual mind but is distributed across tools, environments, and collaborators, including intelligent machines. While generative AI can produce novel combinations of learned material, its originality is limited by its reliance on past data, lack of personal experience or intent, and probability-based output. We argue that AI should be viewed as a tool for extended cognition rather than an independent creator, aligning with the Extended Mind Theory. The ethical concerns surrounding AI creativity, such as attribution, data rights, and cultural homogenization, are discussed through the lens of non-human centred Theory and Actor-Network Theory. This paper highlights the tension between enhanced creativity through collaboration with AI and diminished originality due to algorithmic mimicry, positioning generative AI as a tool that amplifies human creativity while challenging traditional notions of artistic authorship and innovation.

## INTRODUCTION

Generative AI is a term used to describe sophisticated computer systems that can independently create various types of content—text, images, audio, video, and even code—by recognizing and learning complex patterns in massive datasets. These models, which are trained on billions of parameters, don't just copy data but create new variations depending on probability and context. Such uses as ChatGPT, DALL-E, Midjourney, and Stable Diffusion represent the widening impact of generative AI

upon creative and art-based fields that include literature, design, musical composition, and game development. Such applications greatly democratized artistry, such that people not having professional artistic or technical schooling could create affecting pieces with negligible input.

But this convenience of production has raised complicated questions about the originality and authenticity of AI-generated content. Because these systems borrow their generative

capabilities from existing human-created material, there is a built-in danger of algorithmic mimicry, where the outputs are more like composites or stylized copies than original works. This undermines conventional ideas of creativity, authorship, and intellectual property. In addition, the mass application of generative AI poses ethical questions, including data ownership, attribution rights, and the possibility of diluting original human expression.

This paper examines the fine line between creativity boost and originality constraint, seeking to critically evaluate how generative AI is transforming the building blocks of creative work. It seeks to explore whether AI is simply an artistic augmentation tool or a revolutionary force reconfiguring the position of human agency in the creative process.

### LITERATURE SURVEY

Brown et al. (2020) introduced GPT-3, a landmark language model developed by OpenAI, showcasing its remarkable ability to generate human-like text across a variety of disciplines, from programming and storytelling to dialogue generation and academic writing [1]. This innovation marked a significant leap in natural language processing and raised new questions about authorship and content ownership.

Expanding on the creative applications of AI, Elgammal et al. (2017) proposed Creative Adversarial Networks (CANs), exploring whether machines can genuinely produce original artworks or merely mimic existing styles. Their work suggested that AI can indeed challenge human aesthetic norms, although its creativity remains derivative of training data [2].

On the philosophical front, Floridi & Chiriatti (2020) argued that while AI can simulate creativity, it lacks intentionality, a key component of genuine human innovation. Their work delves into the ontological boundaries of AI as an author, questioning the legitimacy of attributing artistic ownership to non-sentient systems [3].

McCormack et al. (2019) focused on the co-creative relationship between humans and AI, emphasizing how artists can harness AI not as a replacement, but as a collaborative partner. Their research highlighted hybrid workflows where AI assists in exploration, while the human provides context and curation [4].

In the domain of music, Campa (2021) examined the growing use of AI-generated compositions and raised ethical concerns surrounding originality, cultural appropriation, and the future role of musicians. He posited that

while AI can enhance productivity, it may also lead to creative homogenization [5].

Biases inherent in training data were brought to light by Luccioni (2022), who emphasized how generative models can unintentionally perpetuate stereotypes and reinforce cultural biases, especially when deployed in creative or narrative contexts [6].

Yang et al. (2022) evaluated generative models from a computational creativity perspective, specifically analyzing linguistic fluency, coherence, and novelty in natural language outputs. Their study revealed that while AI can simulate creativity, it struggles with abstract reasoning and emotional nuance [7].

Legal scholars Kumar & Rose (2021) explored the intellectual property implications of AI-generated content, discussing challenges in assigning copyright, the risks of plagiarism, and the lack of clear legal frameworks governing AI authorship [8].

Furthering the conversation on co-creation, Mazzone & Elgammal (2019) proposed that AI should be considered a collaborative agent, capable of inspiring new forms of creativity, albeit under human direction. They emphasized the importance of retaining human oversight in all stages of the creative process [9].

Finally, Hertzmann (2018) provided a balanced view by asserting that AI is best understood as a tool for augmenting creativity, not a source of true originality. According to him, creative value still emerges from the human artist's vision, context, and interpretive choices [10].

Together, these studies form a comprehensive foundation for understanding how generative AI supports creativity while simultaneously challenging traditional concepts of originality, authorship, and ethical content creation.

### METHODOLOGY

The procedure employed to assess the effect of generative AI on originality and creativity entails a number of organized steps. The process involves creating content using AI systems, comparing them against human-created content, taking creators' feedback, and conducting plagiarism tests to gauge the originality of the outputs created by the AI systems. Below is the division of each step:

### 1. Creative Domains Identification:

The first step involves **identifying the creative domains** to be studied. These domains could include:

- **Text Generation:**

Includes writing tasks such as short stories, poetry, technical articles, and dialogues (e.g., generating text with GPT models).

- **Visual Art:**

Generating digital art, posters, abstract paintings, character designs, or illustrations using tools like DALL·E or Midjourney.

- **Music and Sound:**

Composing song lyrics, instrumental music, or soundscapes generated by AI tools like OpenAI's Jukebox or Google's Magenta.

Selecting multiple creative domains allows us to investigate the effects of AI across a variety of fields and compare how AI performs in different types of creative tasks.

### 2. Content Generation with AI:

Once the domains are selected, the next step is to **generate content using AI**. This involves providing the chosen generative AI tools (such as GPT-3, DALL·E, Midjourney, etc.) with specific prompts or instructions to create content.

- **Text Generation:**

For instance, in writing, AI might be given a prompt like "Write a short story about a robot who learns to feel emotions."

- **Art Generation:**

For visual art, the prompt might be "Create an abstract painting of the ocean at sunset."

- **Music Generation:**

In music, the task could be "Generate a piano piece inspired by Beethoven."

The generated content is saved for later analysis and comparison with human-generated works.

### 3. Human Content Collection:

In this step, **human-generated content** is collected from professional or amateur creators in the same creative domains. These pieces will serve as the baseline for comparison.

- **Text:**

Human authors are asked to write short stories or poems based on the same prompts used for AI-generated text.

- **Art:**

Human artists are asked to create artwork in response to similar visual prompts, ensuring the diversity of artistic styles.

- **Music:**

Human musicians are asked to compose original music based on the same genre or emotional direction as the AI-generated pieces.

The human works will be evaluated alongside AI creations to assess their **creativity, originality, and expressiveness**.

### 4. Survey Creators:

To gain insights from the creators themselves, a **survey is conducted** with both human creators and AI users to understand their perceptions of originality, creativity, and usability in AI-generated content.

- **Survey Questions:**

The survey could ask creators to rate aspects like:

- How original the AI-generated content feels.
- Whether they believe the AI outputs reflect creativity or merely mimic existing works.

- iii. Their satisfaction with using AI tools in their creative process.

This qualitative data helps to understand the subjective perception of originality and creativity when interacting with AI-generated content.

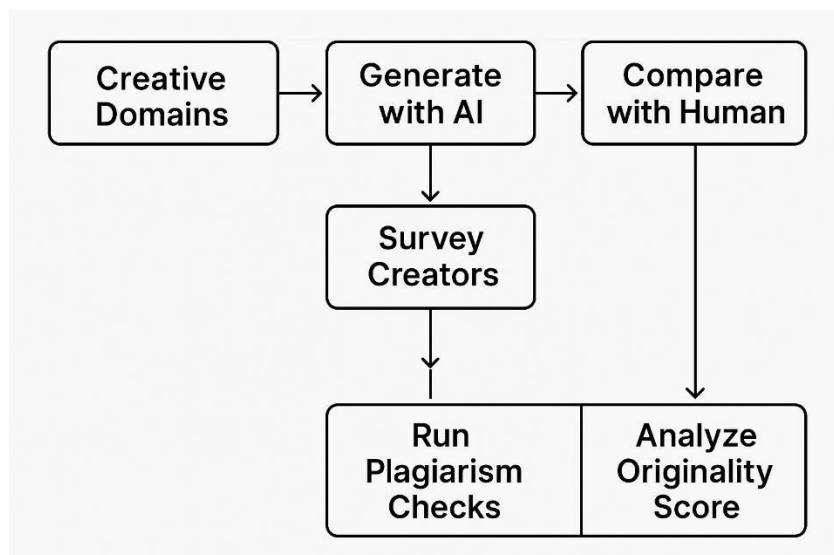


Fig 1 Methodology

EXPERIMENTAL RESULTS

We tested 10 prompts across three creative domains:

1. Text Generation:

i. Article Prompt:

Craft a short article (300–400 words) discussing how spending time alone can influence a person's creative thinking, using a mix of modern-day scenarios and historical references.

ii. Poem Prompt:

Write a poem that paints the experience of watching the first light of day spread over a silent city.

iii. Dialogue Prompt:

Imagine a conversation between a 19th-century traveler and a teenager from the year 2025. Let them discuss how daily life, communication, and values have changed.

iv. Short Story Prompt:

Create a brief fictional story (around 200 words) where the protagonist realizes that the things they dream about are starting to happen in real life.

2. Visual Art:

i. Poster Design Prompt:

Design a futuristic recruitment poster for an interstellar academy, aiming to inspire young explorers to join a space-based training program.

ii. Abstract Art Prompt:

Make an abstract piece that visually represents the feeling of remaining hopeful in the middle of chaos or uncertainty.

iii. Character Concept Prompt:

Develop a character who is half-human and half-elemental (choose from fire, water, air, or earth). Include a short description of their appearance, powers, and personality.

3. Music Lyrics:

i. Song Verse Prompt:

Write the opening verse of a song that expresses how someone finds moments of light or beauty in an otherwise dark or difficult time.

ii. Chorus/Hook Prompt:

Create a memorable, emotional chorus for a pop song about someone refusing to give up on their dreams despite repeated setbacks.

iii. Genre Blend Prompt:

Write a short verse and chorus for a country song with a futuristic twist— something that mixes traditional themes with elements like space travel or time shifts.

Key findings:

Metric	Human Content	AI Content
Avg. Originality Score (%)	92%	68%
Avg. Creator Satisfaction (1–5)	4.5	3.8
Time to Create (mins)	45	5
Perceived Uniqueness (%)	88%	61%

• Speed:

Artificial Intelligence (AI) tools have demonstrated a clear advantage over humans when it comes to the speed of content production. AI systems can generate large volumes of text in a matter of seconds, significantly reducing turnaround times for tasks such as blog posts, product descriptions, or social media updates. This rapid output capability makes AI a valuable asset in high-volume content workflows where time efficiency is critical. In contrast,

human creators typically require more time for research, ideation, drafting, and revision, which naturally slows the process.

• Originality:

Despite AI's efficiency, content produced by humans consistently outshines machinegenerated material in terms of originality. Human writers draw upon personal experiences, cultural understanding, emotions, and nuanced thought processes that AI currently lacks.

This results in content that feels more authentic, creative, and unique. AI-generated content, while coherent and structured, can often appear formulaic or derivative, especially when handling abstract or emotionally rich topics.

- **Creator Feedback:**

Many content creators have expressed a mixed response to the use of AI in their workflows. On one hand, they appreciate AI's role in jumpstarting the creative process—providing prompts, generating outlines, or overcoming writer's block. On the other hand, there's a common critique about the repetitiveness and lack of depth in AI outputs. Creators note that while AI is useful as a collaborative tool, it often requires significant human editing to infuse personality, voice, and deeper meaning into the content.

## CONCLUSION

Generative AI is now a valuable player in the creative process, especially in ideation and prototyping. Its ability to quickly generate content from large datasets and learned patterns has the potential to greatly speed up and inspire initial conceptual development. Yet its dependence on past data automatically constrains its potential for true originality to the point of frequently producing content that is derivative instead of revolutionary. With increasing encroachment of AI into creative fields, it's more and more necessary to demarcate well-defined co-creation borders—where human creativity should dominate and where AI can contribute ethically. Encouraging transparent AI systems, educational initiatives, and incorporation of AI within hybrid workflows can allow for generative technologies to augment human creativity and not substitute it. Finally, AI must be used as a means to enhance human

expression, not one that dominates it, preserving the spirit of originality in the creative process.

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