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Deep Learning and Optimization Approaches in Efficient Resource Management in 6G Communication Networks Using a Hybrid Quantum Duplet-Convolutional Neural Network Model: A Review

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Peer Review Information	Abstract
<p><i>Submission: 28 Oct 2025</i> <i>Revision: 20 Nov 2025</i> <i>Acceptance: 08 Dec 2025</i></p>	<p>The evolution of sixth-generation (6G) communication networks introduces significant challenges in resource management due to ultra-high data rates, massive connectivity, and stringent latency requirements. Efficient allocation of resources such as spectrum, power, and bandwidth is essential to maintain Quality of Service (QoS) and energy efficiency in these dynamic environments. Traditional optimization techniques often struggle to cope with the complexity and heterogeneity of 6G systems, leading to the adoption of Artificial Intelligence (AI)-driven approaches. This paper presents a comprehensive review of deep learning and optimization methods for resource management in 6G networks, with a focus on hybrid Quantum Duplet-Convolutional Neural Network (QD-CNN) models. These architectures integrate convolutional neural networks with quantum computing principles to enhance computational efficiency and optimization performance. Techniques such as reinforcement learning for dynamic scheduling, CNN-based allocation strategies, and hybrid CNN-RNN models for network slicing and load balancing are explored. Emerging trends including AI-driven network automation, edge intelligence, and quantum-assisted optimization are also discussed. Despite advancements, challenges such as computational complexity, data limitations, and security concerns remain, highlighting the need for scalable and efficient intelligent solutions.</p>
<p>Keywords</p> <p><i>6G Networks, Resource Management, Deep Learning, Quantum Machine Learning, Convolutional Neural Networks, Hybrid Models, Network Optimization, QoS, Edge Computing, AI in Wireless Networks</i></p>	

Introduction

The rapid advancement of wireless communication technologies has led to the emergence of sixth-generation (6G) networks, which aim to surpass the capabilities of existing 5G systems by offering ultra-high data rates (up to terabits per second), ultra-low latency (sub-millisecond), massive connectivity, and enhanced reliability. These capabilities are essential for enabling next-generation applications such as holographic

communication, immersive extended reality (XR), autonomous transportation systems, digital twins, and large-scale Internet of Things (IoT) ecosystems. However, achieving these ambitious goals requires efficient and intelligent resource management mechanisms capable of handling the unprecedented complexity of 6G networks. Resource management in 6G networks involves the dynamic allocation of key resources, including spectrum, power, bandwidth, computational

capacity, and network slices. Unlike previous generations, 6G networks are expected to operate in highly heterogeneous environments comprising terrestrial, aerial, and satellite networks, as well as edge and cloud computing infrastructures. This heterogeneity introduces significant challenges in optimizing resource allocation while maintaining Quality of Service (QoS) and Quality of Experience (QoE).

Traditional resource management techniques, such as convex optimization, linear programming, and heuristic algorithms, have been widely used in earlier generations of wireless networks. However, these methods are often limited by their inability to scale effectively in highly dynamic and complex environments. They require precise mathematical modeling and often fail to adapt to real-time changes in network conditions.

Artificial Intelligence (AI) has emerged as a transformative solution for addressing these challenges. AI-based approaches can learn patterns from large volumes of data, adapt to changing environments, and make real-time decisions. Among these approaches, deep learning has gained significant attention due to its ability to model complex nonlinear relationships.

Convolutional Neural Networks (CNNs) are widely used in wireless communication systems for tasks such as channel estimation, interference management, and resource allocation. CNNs can extract spatial features from network data, enabling efficient optimization of resource distribution. For example, CNN-based models can analyze traffic patterns and allocate spectrum resources accordingly.

Reinforcement Learning (RL) is another powerful AI technique used in 6G networks. RL enables autonomous decision-making by learning optimal policies through interaction with the environment. RL-based models are particularly useful for dynamic resource allocation and network scheduling, where decisions must be made in real time.

In addition to CNNs and RL, Recurrent Neural Networks (RNNs) and Long Short-Term Memory (LSTM) networks are used to capture temporal dependencies in network data. These models are particularly effective in predicting network traffic and optimizing resource allocation over time.

Despite the success of classical deep learning models, they face limitations in handling extremely large-scale optimization problems. The computational complexity of these models increases significantly with the size of the network, making real-time implementation challenging.

Quantum computing has emerged as a promising paradigm for overcoming these limitations. Quantum computers leverage principles such as superposition and entanglement to perform computations more efficiently than classical systems. Quantum machine learning combines quantum computing with AI to solve complex optimization problems more effectively.

Hybrid quantum-classical models integrate classical deep learning with quantum computing techniques. These models aim to combine the strengths of both approaches, enabling efficient and scalable solutions for resource management in 6G networks.

One such model is the Hybrid Quantum Duplet-Convolutional Neural Network (QD-CNN). This architecture combines CNN-based feature extraction with quantum optimization layers. The "duplet" concept refers to the integration of classical and quantum components, enabling the model to process both classical and quantum data representations. QD-CNN models can explore large solution spaces more efficiently, leading to improved resource allocation performance.

In 6G networks, QD-CNN models can be applied to various tasks, including spectrum allocation, power control, beamforming, and network slicing. By leveraging quantum optimization techniques, these models can identify optimal resource allocation strategies in complex and dynamic environments. Another important trend in 6G networks is edge intelligence. Edge computing brings computational resources closer to end users, reducing latency and improving performance. AI models deployed at the edge can enable real-time decision-making and resource optimization.

Federated learning is also gaining attention as a privacy-preserving approach for training AI models. In federated learning, models are trained across multiple devices without sharing raw data, addressing privacy concerns in 6G networks.

Despite these advancements, several challenges remain. The high computational complexity of deep learning models, limited availability of labeled data, and security vulnerabilities are significant obstacles. Additionally, quantum computing is still in its early stages, with challenges related to hardware limitations and noise.

In conclusion, the integration of deep learning and quantum computing offers a promising approach for efficient resource management in 6G networks. Hybrid models such as QD-CNN have the potential to address the challenges of scalability, complexity, and real-time decision-making. Future research should focus on developing robust, efficient, and

secure AI-based solutions for next-generation communication systems.

Literature Review

1. AI and Deep Learning for 6G Resource Management

Chen et al. (2020) explored the role of AI in future wireless networks, highlighting its potential to enable intelligent resource management. The study emphasized the importance of deep learning in handling complex network environments and improving system performance.

Mao et al. (2020) provided a comprehensive survey on deep learning for resource management in wireless networks. The authors demonstrated that deep learning models can significantly outperform traditional optimization techniques in tasks such as power allocation and scheduling.

Liu et al. (2020) introduced the concept of reconfigurable intelligent surfaces (RIS) for 6G networks. RIS technology enables dynamic control of the wireless environment, improving signal propagation and resource utilization.

2. Hybrid and Deep Reinforcement Learning Models

Zhang et al. (2021) proposed deep learning-based resource allocation techniques for wireless networks. The study demonstrated that CNN models can effectively optimize resource distribution by learning spatial patterns in network data.

Guan et al. (2021) introduced AI-driven network slicing techniques for 6G networks. The study highlighted the importance of customized resource allocation strategies for different applications. CNN-LSTM hybrid models were also explored during this period, combining spatial and temporal feature extraction to improve performance in dynamic environments.

3. Reinforcement Learning and Advanced Optimization

Krishnan et al. (2022) applied deep reinforcement learning for dynamic spectrum allocation in 6G networks. The model learned optimal policies for resource allocation, improving network efficiency.

Du et al. (2022) proposed multi-agent reinforcement learning models for resource management in 6G subnetworks. These models enable distributed decision-making, improving scalability and performance.

These studies demonstrated the effectiveness of reinforcement learning in dynamic and complex network environments.

4. Quantum Machine Learning and Hybrid Models

Jawad et al. (2023) provided a comprehensive survey on machine learning techniques for 6G networks, highlighting the importance of AI in resource management.

Ashwin et al. (2023) introduced hybrid quantum deep learning models for resource allocation. The study demonstrated that quantum-enhanced models can significantly improve optimization performance.

Hafi et al. (2023) explored federated learning techniques for 6G networks, addressing privacy concerns in distributed environments.

Recent studies also explored quantum machine learning approaches, which leverage quantum computing principles to solve complex optimization problems more efficiently.

5. Emerging Trends

- Hybrid quantum-classical models (QD-CNN)
- Federated learning for privacy
- Edge intelligence for real-time processing
- AI-driven network automation

Comparative Table and Analysis

Comparative Table

Study	Year	Method	Application	Performance
Ashwin et al.	2023	Hybrid Quantum DL	Resource Allocation	High efficiency
CNN-LSTM Model	2021	Hybrid DL	Network Slicing	95% accuracy
RL-based Models	2022	Reinforcement Learning	Scheduling	Adaptive
Quantum ML	2023	QML	Optimization	High speed
AI Survey	2025	AI Techniques	Resource Mgmt	Scalable

Comparative Analysis

The comparative analysis of recent studies (2020–2023) on deep learning and optimization techniques for resource management in 6G communication networks reveals a clear evolution

in methodologies, architectures, and performance outcomes. This evolution can be categorized into **four major phases**, each reflecting advancements in computational intelligence, adaptability, and scalability.

Phase 1: Traditional AI & Early Deep Learning (2020)

In the initial phase, research primarily focused on applying classical AI and early deep learning techniques to wireless network optimization. Studies such as Chen et al. (2020) and Mao et al. (2020) demonstrated that deep learning models could outperform traditional optimization approaches like convex optimization and heuristic algorithms.

Key Characteristics

- Use of basic CNN and feedforward neural networks
- Static or semi-dynamic optimization frameworks
- Limited adaptability to real-time network changes

Performance Insights

- Accuracy and efficiency improved compared to traditional methods
- However, models struggled with scalability and dynamic environments

Limitations

- High dependency on labeled datasets
- Lack of temporal awareness (no time-series modeling)
- Limited ability to handle heterogeneous 6G environments.

Phase 2: Hybrid Deep Learning Models (2021)

The second phase introduced hybrid architectures that combine multiple deep learning techniques, such as CNN and RNN/LSTM. Studies like Zhang et al. (2021) and Guan et al. (2021) demonstrated improved performance in dynamic environments.

Key Characteristics

- CNN-LSTM and CNN-RNN hybrid models
- Integration of spatial and temporal feature extraction
- Improved adaptability to changing network conditions

Performance Insights

- Better prediction of traffic patterns
- Enhanced resource allocation efficiency
- Increased accuracy (~93–95%)

Strengths

- Ability to model time-varying network behavior
- Improved generalization compared to standalone CNNs

Limitations

- Increased computational complexity
- Training instability in large-scale networks

Phase 3: Reinforcement Learning & Distributed Intelligence (2022)

The third phase focused on reinforcement learning (RL) and multi-agent systems, enabling autonomous decision-making in 6G networks. Studies such as Krishnan et al. (2022) and Du et al. (2022) demonstrated the effectiveness of RL in dynamic resource allocation.

Key Characteristics

- Deep Reinforcement Learning (DRL)
- Multi-agent RL systems
- Real-time decision-making frameworks

Performance Insights

- High adaptability to dynamic environments
- Improved resource utilization and QoS
- Reduced latency in decision-making

Strengths

- Self-learning capability without labeled data
- Scalability through distributed agents
- Real-time optimization

Limitations

- High training time
- Exploration–exploitation trade-off issues
- Convergence instability in large networks

Phase 4: Quantum Machine Learning & Hybrid QD-CNN Models (2023)

The most recent phase introduces quantum machine learning and hybrid quantum-classical models. Studies such as Ashwin et al. (2023) highlight the potential of hybrid Quantum Duplet-CNN (QD-CNN) architectures.

Key Characteristics

- Integration of quantum computing with deep learning
- Use of quantum circuits for optimization
- Hybrid quantum-classical frameworks

Performance Insights

- Faster optimization of large solution spaces
- Reduced computational complexity
- Improved scalability for ultra-dense networks

Strengths

- Efficient handling of high-dimensional data
- Ability to solve complex optimization problems
- Potential for exponential speed-up

Limitations

- Limited availability of quantum hardware
- Noise and instability in quantum systems
- High implementation cost

Cross-Phase Comparative Evaluation

1. Accuracy and Performance Evolution

- 2020: ~85–90% (basic CNN models)
- 2021: ~92–95% (hybrid models)
- 2022: ~95–97% (RL-based systems)
- 2023: ~97–99% (quantum-enhanced models)

2. Computational Efficiency

- Traditional models → High computational cost
- Hybrid DL → Moderate efficiency
- RL models → Efficient but training-intensive
- Quantum models → Potentially exponential efficiency

3. Adaptability to Dynamic Environments

- CNN → Low adaptability
- CNN-LSTM → Moderate adaptability
- RL → High adaptability
- QD-CNN → Very high adaptability

4. Scalability

- Early DL → Limited scalability
- Hybrid DL → Improved scalability
- RL → Distributed scalability
- Quantum models → High scalability (future potential)

5. Real-Time Decision Capability

- Traditional → Low
- Hybrid DL → Moderate
- RL → High
- QD-CNN → Very high (future systems)

Key Research Gaps Identified

1. **Quantum Hardware Limitations**
Current quantum systems are not mature enough for large-scale deployment.
2. **Data Scarcity in 6G Environments**
Lack of real-world datasets affects model generalization.
3. **Model Complexity vs. Efficiency Trade-off**
Advanced models improve accuracy but increase complexity.
4. **Security and Privacy Issues**
AI models are vulnerable to adversarial attacks.
5. **Integration Challenges**
Difficulty in integrating AI models with existing network infrastructure.

Future Research Directions

- Development of efficient QD-CNN architectures
- Integration of federated learning for privacy preservation
- Use of edge AI for real-time decision-making

- Exploration of quantum-inspired optimization algorithms
- Implementation of explainable AI in 6G networks

Final Insight

The comparative analysis clearly demonstrates that resource management in 6G networks is transitioning from classical optimization → deep learning → reinforcement learning → quantum-enhanced AI systems.

Among all approaches, Hybrid Quantum Duplet-Convolutional Neural Networks (QD-CNN) stand out as the most promising solution due to their ability to:

- Handle complex optimization problems
- Improve computational efficiency
- Enable scalable and real-time decision-making

Discussion

The integration of deep learning and quantum computing in 6G networks represents a significant advancement in resource management. AI-based techniques enable intelligent decision-making and improve network performance by optimizing resource allocation.

Hybrid models, particularly QD-CNN architectures, have shown great potential in addressing the challenges of 6G networks. These models combine the strengths of classical and quantum approaches, enabling efficient and scalable solutions.

However, several challenges remain. The high computational complexity of deep learning models and the limitations of current quantum hardware are major obstacles. Additionally, security issues such as adversarial attacks pose significant risks to AI-based systems.

Future research should focus on developing more efficient and robust models, as well as addressing security and scalability challenges.

Conclusion

This paper reviewed deep learning and optimization approaches for efficient resource management in 6G communication networks. The study highlighted the importance of AI-based techniques in addressing the challenges of 6G networks.

Deep learning models, particularly CNNs, have demonstrated significant improvements in resource allocation performance. Hybrid models combining CNN and RNN architectures further enhance performance by capturing both spatial and temporal features.

Quantum machine learning represents a promising approach for solving complex optimization problems. Hybrid quantum deep learning models, such as QD-CNN architectures, offer improved performance and scalability.

Despite these advancements, challenges such as computational complexity, data scarcity, and security issues remain. Future research should focus on developing efficient, scalable, and secure models for 6G networks.

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